



WEEKLY SPECIALS!

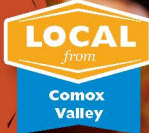
100% BC OWNED AND OPERATED

Organic Lean Ground Beef

1.99/lb

26.43/kg

Grass Fed Value Pack



Organic Rio Red Grapefruit
from Mexico

6.98

1.81kg Bag

Organic Navel Oranges
from California

1.98/lb

4.37/kg

Choices Fresh Turkey, Beef or Vegan Chili

7.99
710ml

Beef Ribeye Steaks
35.25/kg

15.99
/lb

Grass Fed, Value Pack
from New Zealand or Australia

Choices' Own Breads

Country French
or Sourdough
Multiseed

4.99

480g - 600g

Choices Curry Entrées

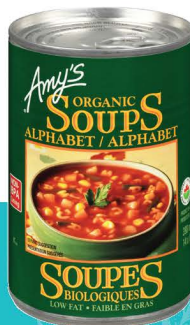
**6.49-
8.99**
435g - 540g



Natural Factors and Whole Earth & Sea Vitamins and Supplements

20% off

Assorted Sizes
Regular Retail 4.99-87.49



Amy's Organic Soups

2/6.00

398ml



Organic Traditions Superfoods

25% off

Assorted Sizes

Physical Distancing: Please remain 2 metres from others. Prices Effective
One customer using the checkout belt at a time. Thank you. Jan 6 – Jan 12, 2022

PRODUCE

Organic Daisy Tangerine
6.57/kg



from USA

2⁹⁸
/lb

Organic Table Carrots



3⁹⁸
907g

LOCAL
from
Fountainview
Farm,
Lillooet

Organic Rainbow, Red or Green Chard



from California

2/
500
or \$2.50 each

Red Seedless Grapes
8.77/kg



Imported

3⁹⁸
/lb

MEAT

Boneless Skinless Organic Chicken Breasts
33.05/kg



LOCAL
from
Fraser Valley

14⁹⁹
/lb

Boneless Skinless Chicken Legs
22.02/kg

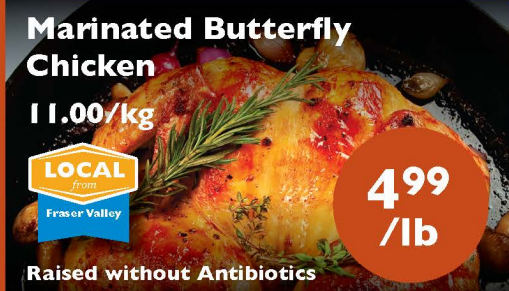


LOCAL
from
Fraser Valley

Raised without Antibiotics
made in store

9⁹⁹
/lb

Marinated Butterfly Chicken
11.00/kg



LOCAL
from
Fraser Valley

Raised without Antibiotics

4⁹⁹
/lb

Sockeye Salmon Fillets
48.48/kg



Previously Frozen
Value Pack

21⁹⁹
/lb

Boneless Lamb Leg Roasts
33.05/kg



Raised without Antibiotics
Grass Fed

14⁹⁹
/lb

Turkey Sausages
22.02/kg



LOCAL
from
Fraser Valley

made in store

9⁹⁹
/lb

AnnaSea Tuna Poke Kits
10 oz



12⁹⁹
each

Previously Frozen

Venison Leg Boneless Steaks
44.07/kg



Grass Fed, from New Zealand

19⁹⁹
/lb

Boneless Pork Loin Chops
19.82/kg



LOCAL
from
Fraser Valley

Raised without Antibiotics
Value Pack

8⁹⁹
/lb

GROCERY

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Beyond Meat Plant-Based Burgers



5⁹⁹
226g



Lightlife
Plant-Based
Meat Alternatives

30% off
Assorted Sizes



Daiya
Plant-Based
Cheese
Cutting Board Shreds,
Blocks & Slices

3⁹⁹
200g & 220g



Rao's Homemade
Pasta & Pasta Sauce



2/7⁰⁰ 9⁹⁹
Pasta 454g Sauce 660ml



Liviva Organic Pasta
Soybean, Black Bean & Shirataki

3⁹⁹
200g & 400g



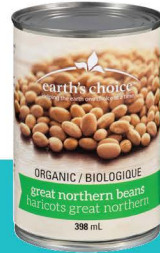
nuPasta
Gluten-Free
Konjac Pasta

2/7⁰⁰ 2/8⁰⁰
Conventional 210g Organic 210g



Holy Napoli
Frozen Pizza

7⁹⁹
365g - 425g



Earth's Choice
Organic Beans

2/4⁰⁰
398ml

Raincoast Wild Sockeye Salmon,
Pink Salmon & Wild Skipjack Tuna



30% off
Assorted Sizes

Earthbound Farm
Organic Frozen Vegetables



2/5⁰⁰
300g-400g



Bragg Organic Apple
Cider Vinegar

5⁹⁹
946ml



Bob's Red Mill
Nut Flour

5⁴⁹ 10⁹⁹
Organic Coconut
Flour 453g Almond Meal Flour
453g

Wildbrine Organic
Raw Kimchi & Sauerkraut



5⁹⁹
500ml



GT's
Alive & Organic
Raw Kombucha

2/7⁰⁰
480ml
+deposit + eco fee



Greenhouse Organic
Cold Pressed Booster,
Lemonade & Juice

2⁹⁹ 2⁹⁹ 4⁹⁹
Lemonade 300ml Booster 60ml Juice 300ml
+deposit + eco fee +deposit + eco fee +deposit + eco fee



Thirsty Buddha
Sparkling Coconut
Water

4/5⁰⁰
330ml
+deposit + eco fee



Daydream
Sparkling Water

2/7⁰⁰
355ml
+deposit + eco fee



Bremner's Fruit Juice
Cranberry, Pomegranate & Blueberry

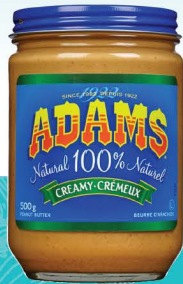
11⁹⁹
946ml
+deposit + eco fee

GROCERY



Earth's Choice Organic Peanut Butter

5⁹⁹
500g



Adams Natural Peanut Butter

3⁹⁹
500g



Crofter's Organic Fruit Spread

2/7⁰⁰ 2/8⁰⁰
235ml 383ml



Elias Honey Creamed or Liquid

7⁹⁹
500g



Canadian Heritage Organic Maple Syrup

11⁹⁹
500ml



Nature's Path Organic Frozen Waffles

2/7⁰⁰
Select Varieties 210g



Kicking Horse Organic Fair Trade Ground Coffee

8⁹⁹
284g



Mogiana Coffee

12⁹⁹
340g



Ministry of Tea Organic Tea

4⁹⁹
20 & 25 Tea Bags



Yoso Cashew Cream Cheese & Coconut Yogurt

6⁹⁹ 3⁹⁹
Cream Cheese 200g Yogurt 440g



Avalon Organic Probiotic Yogurt

4⁷⁹ 9⁹⁹
650g 1.75kg



Granola King Premium Granola

21⁹⁹
2kg



Chobani Oat Yogurt & Oat Beverages

3⁹⁹ 4/5⁰⁰
Yogurt 454g Beverages 946ml



Olympic Organic Kefir

8⁹⁹
2L

Nature's Farm Omega-3 Organic Large Eggs



6⁹⁹ 9⁹⁹
One Dozen 1.5 Dozen



Blue Diamond Almond Breeze

2/4⁰⁰
946ml



Jordans Organic Morning Crisp Cereal

5⁹⁹
450g & 500g

BULK

Rice, Grains & Beans Bulk & Prepackaged



20% Off

DELI

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Farmcrest Specialty Roasted Chickens



13⁹⁹

Humble Seedz Saucy Dipz



5⁹⁹
190g

Baked Vegetable Samosas



2/
400

Choices Natural Praga Ham



3⁴⁹
/100g

Vegan Savoury Pies Assorted Varieties



2/
800

Happy Days Goat Cheese

Mozzarella, Gouda or Cheddar



4⁴⁹
/100g

Parmesan or Asiago Cheese

Grated, Shredded or Petals



2⁹⁹-
3⁹⁹
/100g

Shepherd Gourmet Cow or Sheep & Goat Feta Cheese



5⁴⁹-
7⁴⁹
200g

BAKED GOODS

Choices' Own Muffins Assorted Varieties



4⁴⁹
4 pack

Choices' Own Cookies Assorted Varieties



5⁹⁹
6 pack

Silver Hills Sprouted Power Organic Tortillas Assorted Varieties



4⁴⁹
255g

Unbun Baguettes & Bread Assorted Varieties



8⁴⁹-
11⁴⁹
350g

Little Northern Bakehouse Gluten-Free Bread Assorted Varieties



5⁴⁹
454g - 494g

ALL-NEW ONLINE
CHOICES

NOW
HERE



NOW AVAILABLE AT

ALL LOCATIONS

SHOP.CHOICESMARKETS.COM

GROCERY

Dwarf Stars
Pumpkin Seed Butter Cups



2/6⁰⁰

42g

Suzie's Lentil Crisps &
Thin Rice Cakes



2/7⁰⁰

100g - 155g



Eve's
Gluten-Free
Crackers

6⁹⁹

108g

Faith Farms Cheese



5⁴⁹

360g - 380g



Whittaker's
Premium
Chocolate Bars

3⁹⁹

200g - 220g



Koukla Delights
Raw Organic
Macaroon Treats

5⁹⁹

150g



Edward & Sons
Organic Brown Rice
Snaps and Rice Toast

2/7⁰⁰

65g & 100g

Arla Cream Cheese



3⁹⁹

200g

WELLNESS

Aiya Matcha
Green Tea



18⁹⁹

Culinary Grade
100g

22⁹⁹

Ceremonial Grade
100g



Nuun
Hydration
Electrolytes
Sport, Boost, Immunity
and Vitamin Tabs

8⁹⁹

10 Tabs



Garden of Life
Dr. Formulated
Probiotics

20% off

Assorted Sizes
Regular Retail 26.99-53.99



Salus Floradi
& Floravit
Liquid Iron
Supplements

20% off

Assorted Sizes
Regular Retail 24.99-64.99



withinUs
TruMarine
Collagen

43⁹⁹

20 Pack

62⁹⁹

250g



Vitality Vitamins
& Supplements
Assorted Varieties

25% off

Assorted Sizes
Regular Retail 22.99-69.99



Botanica Perfect
Protein & Perfect
Greens

31⁹⁹

154g-216g
Greens

48⁹⁹

574g-840g
Proteins



A.Vogel
Echinaforce

20% off

Assorted Sizes
Regular Retail 15.99-52.99



Natural Calm
Magnesium
Supplements
Assorted Varieties

20% off

Assorted Sizes
Regular Retail 15.49-54.99



Prairie Doctor
Herbal
Tinctures

20% off

Assorted Sizes
Regular Retail 18.99-32.99



New Roots
Vitamin C8 &
Vitamin D3
Supplements

20% off

Assorted Varieties
Regular Retail 1.99-46.99



Earth Science Face
Care

**BUY
GET 1
FREE**

Assorted Sizes
Regular Retail 9.99-14.99



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Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted.