



CHOICES MARKET

100% BC OWNED AND OPERATED

BACK TO SCHOOL!

Prices Effective • September 5 - September 11, 2024



SPECIAL PRICE

All Fresh RWA Ground Meats
Beef, Chicken, Pork, Turkey, Lamb, Bison, Varieties May Vary by Store

25% OFF

RAISED WITHOUT ANTIBIOTICS

SPECIAL PRICE

Yellow Potatoes
BC Grown, 2.27 kg Bag

\$4.98 / EA

YOU SAVE \$2.00

DISCOVER LOCAL



SATURDAY, SEPTEMBER 7 ONLY

SOUTH SURREY ANNIVERSARY SALE & CHARITY BBQ



10% OFF ENTIRE STORE*
INCLUDING SALE ITEMS

YOUR IN-STORE PURCHASE, INCLUDING ITEMS ON SALE THROUGHOUT THE ENTIRE STORE.
*Excluding Lotto and Gift Card purchases.
One Day sale offer valid at South Surrey location only.
See page 5 for details. Sale not available online.

ORGANIC CHOICES

YOU SAVE **35%**



Pacific Foods Organic Soup & Chili
946ml - 1L, 468g

\$5.49

Nuts To You Organic Peanut Butter
750g

YOU SAVE **35%**



\$8.99

YOU SAVE **31%**

DISCOVER LOCAL



Salt Spring Organic Whole Bean Coffee
400g

\$12.99

YOU SAVE **\$2.00**



DISCOVER LOCAL

SPECIAL PRICE

Organic Gala Apples
BC Grown, 1.36 kg Bag

\$6.98 / EA

YOU SAVE **25%**



DISCOVER LOCAL

Choices Mini Muffins
4 Pack

2 FOR \$6.00

YOU SAVE **30%**



Bio-K Plus Probiotics
Dairy or Non-Dairy, Assorted Varieties, 6 Pack

\$22.99

FEATURED CHOICE



RAISED WITHOUT ANTIBIOTICS

DISCOVER LOCAL

Choices Deli Meats
Select Varieties

25% OFF

PRODUCE FRESH • LOCAL • ORGANIC



Organic Lemons
USA Grown, 907g Bag **\$7.98 / EA**



Organic Mini Carrots
USA Grown, 454g **\$2.98 / EA**



Organic Coronation Grapes
BC Grown, 907g **\$8.98 / EA**



Organic Prune Plums
BC Grown, \$8.77/KG **\$3.98 / LB**

Lily Bouquet



\$15.98 / EA

Sunflowers
3-Stems per Bunch



\$4.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



Thomas Reid Organic Whole Fryers
Free Range, Non-GMO, Air Chilled,
Fraser Valley Raised, \$15.41/KG

\$6.99 / LB



Boneless Pork Chops
Fresh, Raised Without Antibiotics,
Also Roast, \$15.41/KG

\$6.99 / LB



Organic Striploin Grilling Steaks
100% Canadian, Grassfed,
Grain Finished \$70.53/KG

\$31.99 / LB



Chicken Thighs
Fresh, Raised Without Antibiotics,
100% Veggie Fed, \$13.21/KG

\$5.99 / LB



Sockeye Salmon Fillets
Previously Frozen or Frozen,
Value Pack

\$3.99 / 100G



Stapleton Sausages
Select Varieties,
Frozen
Varieties May Vary by Store

15% OFF



Greenfield Bacon
Raised Without Antibiotics, Canadian Raised, 375g

\$7.99 / EA

GLUTEN FREE

Freybe Lunch Meats
Ham, Lyoner, Beer Sausage,
Jagdwurst, 175g,
Varieties May Vary by Store



BUY 2 GET 1 FREE



Uncle Luke's Organic Maple Syrup
1L

\$24.99



Remedy Organic Kombucha
4 Pack

\$6.99
plus deposit & eco fees



Pukka Organic Tea
20 Bags

\$5.99



Organic Bulk Nuts & Seeds
Select Varieties,
Selected Bins Only

20% OFF



Galerie Au Chocolat Organic Chocolate Bars
100g

\$5.49

Nature's Farm Organic Omega-3 Eggs
Organic, Large, 1 Dozen



\$8.99



L'Ancêtre Organic Cheese
Select Varieties,
200g

\$7.99



Nuts For Cheese Organic Fermented Cashew Wedges
120g

\$8.99

DISCOVER ORGANIC AND NATURAL CHOICES TO NOURISH YOUR BODY AND MIND



Amy's Meals
Also Bowls & Entrees, Select Varieties

\$6.99

Amy's Bean & Rice Burritos
Select Varieties, 170g



\$3.99



Earth's Choice Organic Canned Tomatoes
796ml

\$4.49



Seasnax Organic Seaweed Snacks
5g

3 FOR \$4.98



Pheapolis Organics Extra Virgin Olive Oil
750ml

\$18.99



Chickpea Organic Pasta
227g

\$4.99



Karthein's Organic Sauerkraut
Raw Unpasteurized, Select Varieties,
750ml

\$9.99



Better Than Bouillon Organic Base
227g

\$8.99



Western Rice Mills Organic Brown Rice
Select Varieties,
907G

\$10.99



Jordans Morning Crisp Cereal
375g - 400g

\$5.99



Bob's Red Mill Oats
794g - 907g

\$9.99

GLUTEN FREE



Tree Island Grass-Fed Gourmet Yogurt
325g - 350g

\$4.49

PLANT BASED



Elmhurst Milked Nuts Beverages
946ml

\$7.99
plus deposit & eco fees

DISCOVER LOCAL



Donia Farms Grass Fed Heritage Milk
2L

\$5.99
plus deposit & eco fees



Liberté Yogurt
4 Pack

\$4.49

DISCOVER LOCAL



Chasers 100% Cold Pressed Juice
500ml

\$5.99
plus deposit & eco fees



Armstrong Cheese Slices
220g - 240g

\$4.99

DISCOVER LOCAL



Fraser Valley Butter
Salted or Unsalted, 454g

\$7.49

NOURISHING LIFESTYLES SINCE 1990

DISCOVER LOCAL



Hardbite All Natural Potato Chips
128g - 150g

3 FOR \$9.99



Tate's Bake Shop Cookies
198g

\$6.99



Nature's Bakery Fig Bars
6 Pack

\$6.99

DISCOVER LOCAL



Daiya Pizza
Also Flatbread, Select Varieties,
322g - 550g

\$7.99

PLANT BASED



Primal Kitchen Avocado Oil Dressings
237ml

\$8.99



Favuzzi Pasta
500g

\$5.99

DISCOVER LOCAL



Raincoast Trading Wild Sockeye Salmon
Select Varieties, 160g

\$6.99

Hot Kid Rice Crisps Rice Crackers
Select Varieties, 100g



3 FOR \$7.47



Pasta Tavola Ravioli
Frozen, 400g

\$9.99

PLANT BASED

CHOICES  MARKET

ANNIVERSARY SALE & CHARITY BBQ!

SATURDAY, SEPTEMBER 7



10% OFF ENTIRE STORE*

INCLUDING SALE ITEMS

JOIN US THIS SATURDAY
AT CHOICES MARKET SOUTH SURREY




- Enjoy Free Coffee & Tea All Day
- Enter to Win Various Prizes!
- Charity BBQ, Complimentary Slice of Anniversary Cake, Live Music & Face Painting on Site from 12:00pm - 2:00pm

All proceeds will be donated to BC Sick Kids Fund.

AT 3248 KING GEORGE BOULEVARD

*Anniversary sale offer valid at this location only. Sale not available online. Excluding Lotto and Gift Card purchases.



SHOP ONLINE AT [CHOICES.MARKET](https://www.choices.market)  /DiscoverChoicesMarket  @ChoicesMarket  @ChoicesMarket

DELI PREPARED FRESH



DISCOVER LOCAL

Choices Quiche
Assorted Varieties,
4 Inch



2 FOR \$10.00

DISCOVER LOCAL

Choices Broccoli & Cheddar Egg Muffins
or Spinach & Feta,
80g - 90g



2 FOR \$3.00

DISCOVER LOCAL

Spanakopita or Mushroom & Parmesan Pies
185g



2 FOR \$10.00

DISCOVER LOCAL

Choices Croissant Sandwiches
Turkey, Ham,
Egg Salad or
Chicken Salad



\$7.99 / EA

DISCOVER LOCAL

Rosstown Roasted Half Chickens



\$6.99 / EA

DISCOVER LOCAL

Habibi's Hummus or Dips
200g - 240g



\$3.99 / EA

Choices Organic Cheeses
Assorted Varieties



15% OFF



Cows Creamery 1, 2 or 3 Year Old Cheddar
200g

20% OFF

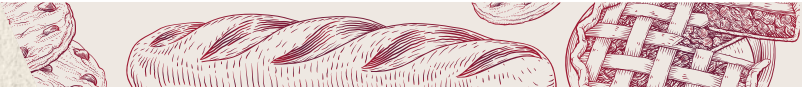
DISCOVER LOCAL

Choices Snack Trays
Savory or Sweet,
200g - 220g



\$6.99 / EA

BAKERY FRESH BAKED • WHOLESOME



Choices Multigrain Bread
530g



DISCOVER LOCAL

\$5.99 / EA



Ozery Onebun
Including Buns or
Morning Rounds,
Snacking Rounds,
312g - 600g

20% OFF



Choices Artisan Half Fruit Pies
280g

DISCOVER LOCAL

\$5.99 / EA

DISCOVER LOCAL

Silver Hills Sprouted Power Organic Tortillas
Assorted Varieties,
255g



\$4.99 / EA



Choices Cupcakes
including Mini Chocolate
Ganache & Carrot,
4 Pack

DISCOVER LOCAL

\$3.99 / EA

GLUTEN FREE



Adian's Fermented Sourdough Bread
500g

NEW

\$8.99 / EA

SOUTH SURREY ANNIVERSARY SALE & CHARITY BBQ



10% OFF ENTIRE STORE*

INCLUDING SALE ITEMS

JOIN US SATURDAY, SEPTEMBER 7

To celebrate Choices South Surrey anniversary!
3248 King George Boulevard

- Enjoy Free Coffee & Tea All Day - Enter to Win Various Prizes!
- Charity BBQ, Complimentary Slice of Anniversary Cake, Live Music & Face Painting on Site from 12:00pm - 2:00pm
- All proceeds will be donated to BC Sick Kids Fund.

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GROCERY

LOCAL • ORGANIC • SPECIALTY



Twinings Herbal Tea
20 Bags

\$5.49



Wedderspoon Raw Manuka Honey
K Factor 12 or 16, 500g

\$15 OFF



Ben & Jerry's Ice Cream
473ml

\$5.99



Echowash Concentrated Liquid Laundry Wash
1.5L

\$8.99



Bonne Maman Jam
250ml

\$5.99



We Love Van Liquid Honey
Select Varieties, 500g

\$8.99



Daiya New York Style Cheezecake
400g

\$6.99



Nature Clean Liquid Dish Detergent
Also Multi Surface Cleaners, 740ml

\$4.99

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Living Alchemy Your Flora Series
Also Fermented Activated Herbs, Assorted Varieties & Sizes

30% OFF



MegaFood Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF

BioSil, Medi-C, Sealicious, Preferred and Vegiday Supplements
Assorted Varieties & Sizes

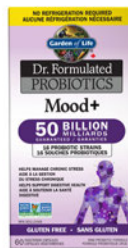


25% OFF



Progressive Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Garden of Life Dr. Formulated Probiotics
Assorted Varieties & Sizes

20% OFF



NutraVege Omega-3 Plant DHA & EPA
Assorted Varieties & Sizes

15% OFF



AOR Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF



Nuun Hydration Electrolytes
Sport, Boost, Immunity & Vitamin Tabs, Assorted Varieties & Sizes

\$10.99

Ener-C Effervescent Drink Mix

Vitamin C or D, Assorted Varieties, 24 - 30 Pack



\$15.99



Genuine Health Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF



The Green Beaver Body Care
Also Face & Sun Care, Assorted Varieties & Sizes

20% OFF



Organyc Organic Feminine Hygiene
Assorted Varieties & Sizes

20% OFF

Shop online at [ChoicesMarket](http://ChoicesMarket.com) @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket



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Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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