

CHOICES MARKET

100% BC OWNED AND OPERATED

GREY CUP CHOICES!

Prices Effective • November 14 - November 20, 2024



SPECIAL PRICE

Beef Sirloin Tip Roast or Steaks

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported, \$17.61/KG

\$7.99 / LB

YOU SAVE **43%**

SPECIAL PRICE

Fruit Tray with Dip or Veggie Tray

Imported, 1,6 kg - 2.26 kg

\$24.98 / EA



Celebrate Grey Cup with 15% OFF Party Platters!

Order in-store or visit Choices.Market for our menu

15% OFF



DISCOVER LOCAL

2 FOR \$10.00

Choices Garlic Bread

Made with Roasted Garlic Butter, 320g

YOU SAVE **28%**



DISCOVER LOCAL

YOU SAVE **70¢/lb**

\$7.99 / LB

Split Chicken Wings

100% Veggie Fed, Raised Without Antibiotics, Fresh, Value Pack, \$17.61/KG



YOU SAVE **\$2/BAG**

SPECIAL PRICE

\$3.98 / EA

Hass Avocados

Mexico Grown, 4 Pack

FEATURED CHOICE



YOU SAVE **36%**

Zevia Zero Sugar Soda 6 Pack

\$5.49

plus deposit & eco fees



LeanFit Proteins and Sport Nutrition Supplements Assorted Varieties

25% OFF



YOU SAVE **33%**

La Cocina Tortilla Chips 300g - 400g

2 FOR \$8.00

PRODUCE FRESH • LOCAL • ORGANIC



Gourmet Bouquet

\$24.98 / EA



Organic Fuji Apple Bag
BC Grown,
1.36 kg Bag



\$6.98 / EA



Organic Bunched Green, Black or Red Kale
USA Grown

\$2.98 / EA

Crazy Daisy



\$6.98 / EA

Organic Mini Watermelon
Mexico Grown



\$5.98 / EA

Navel Orange
USA Grown,
\$6.57/KG



\$2.98 / LB

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



Chicken Thighs

100% Veggie Fed, Raised Without Antibiotics, Fresh, Value Pack, \$12.10/KG

\$5.49 / LB



Beef Stirfry
100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Imported
\$22.02/KG

\$9.99 / LB



All Ground Poultry
Raised Without Antibiotics or Organic, 100% Veggie Fed, Fresh

15% OFF



Sable Fish Fillets
Fresh, Ocean Wise

\$2.99 / 100G



Northern Glacier Shrimp Ring
Ocean Wise, Frozen, 312g

\$12.99 / EA



Maple Leaf Natural Bacon

Made with Natural Ingredients, Select Varieties, 375g

\$7.99 / EA



Pork Shoulder Butt Roast or Steaks
Raised Without Antibiotics, Fresh, \$13.21/KG

\$5.99 / LB



Rosdown Marinated Chicken Breast
Fresh, Boneless Skinless, Raised Without Antibiotics, \$28.64/KG

\$12.99 / LB



Duso's Pasta
Select Varieties,
250g - 300g

\$5.99 / EA



Earth's Choice Organic Ground Coffee
Rainforest Alliance Certified, 340g

\$11⁹⁹



Yogi Organic Herbal Tea
16 Bags

\$4⁹⁹



Mogiana Whole Bean Coffee
340g

\$13⁹⁹



Nature's Path Organic Cereal
Eco Pak,
650g - 907g

\$9⁹⁹



Bob's Red Mill Rolled Oats
Select Varieties,
794g - 907g

\$9⁹⁹



Nuts to You Organic Peanut Butter
500g

\$6⁹⁹



Earthbound Farm Organic Fruit
Frozen, 300g

\$5⁹⁹



Elmhurst Milked Oat & Nut Beverages
Assorted Varieties,
946ml

\$7⁹⁹

plus deposit & eco fees



Donia Farms Grass Fed Milk
2L

\$6⁴⁹

plus deposit & eco fees

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



Maple Hill Farms Free Range Large Eggs
1 Dozen

\$6⁹⁹



Riviera Petit Pot Organic Yogurt
4 Pack

\$7⁴⁹



Thomakis Artisanal Greek Yogurt
454g

\$9⁹⁹



L'Ancêtre Organic Mozzarella Cheese
Select Varieties,
200g

\$7⁹⁹



Armstrong Cheese
Select Varieties, 600g

\$8⁹⁹



Saputo Shredded Cheese
320g

\$6⁹⁹



Wildwood Organic Tofu
2 Pack

\$4⁴⁹



Spread'em Cashew Cheeze Blocks
200g

\$8⁹⁹



Daiya Shredded Cheeze
Also Slices & Blocks,
200g & 299g

\$4⁴⁹





— DISCOVER —

THOUSANDS

OF LOCAL

CHOICES

CHOICES



MARKET



Patience Organic Pure Cranberry Juice
946ml

\$10⁹⁹

plus deposit & eco fees



Purchase One Earth's Own Zero Sugar Oat Milk
946ml
and One Made Good Organic Crunchy Cookies
200g, Select Varieties

+



YOU SAVE \$3⁹⁸

= \$8⁰⁰



Greenhouse Organic Booster Shots
60ml

2 FOR \$7⁰⁰

plus deposit & eco fees



Theo Organic Chocolate Bars
85g



\$4⁹⁹



Health-Ade Organic Kombucha
473ml

2 FOR \$8⁰⁰

plus deposit & eco fees



Old Dutch Potato Chips
200g - 235g



2 FOR \$7⁰⁰



Vegan Rob's Baked Puffs
99g



\$4⁹⁹



RW Garcia Organic Three Seed Crackers
155g & 180g



\$6⁴⁹

NOURISHING LIFESTYLES SINCE 1990



Rizopia Organic Brown Rice Pasta
Also Organic Quinoa Pasta, 340g & 454g

2 FOR \$7⁰⁰



Carbone Pasta Sauce
660ml

\$10⁹⁹



Felicetti Organic Pasta
340g

2 FOR \$6⁰⁰



Pacific Foods Organic Soup
946ml & 1L

\$5⁹⁹



Earth's Choice Organic Beans
398ml

2 FOR \$5⁰⁰



Quesava Poppers, Samosas & Perogies
200g - 240g

\$6⁹⁹



Safe Catch Wild Pink Salmon
Also Wild Yellowfin Tuna, 142g

\$4⁴⁹



Karthain's Organic Sauerkraut
750ml

\$11⁴⁹



Chosen Foods Pure Avocado Oil
250ml

\$6⁴⁹

DELI PREPARED FRESH



Nikli Artisan Pizza
12 Inch

\$16.99 / EA



Choices Chicken Wings
Buffalo or Honey Garlic

\$2.49 / 100G



Spinach & Feta or Ricotta & Feta Twisters
200g

2 FOR \$6.00



Choices Fresh Chili
Beef or Turkey
650ml

\$8.99 / EA



Ready to Eat Burritos
Also Fajitas
250g - 295g

\$7.49 / EA



Yucatan Guacamole
227g

\$6.99 / EA



Summer Fresh Dips or Hummus
227g

\$4.49 / EA



Choices Fresh Salsa
Tomato, Mango, Roasted Corn, Chipotle, 350g

\$6.99



Whiskey Oak Smoked Cheddar

\$5.49 / 100G



Castello Blue Cheese

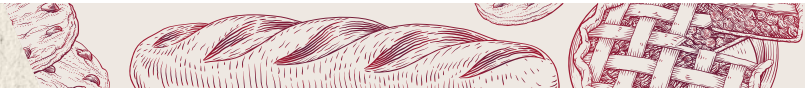
15% OFF



L'Extra Brie Cheese

\$4.49 / 100G

BAKERY FRESH BAKED • WHOLESOME



Choices Hamburger Buns
6 Pack

\$4.49 / EA

Choices Artisan Cookies
6 Pack



\$6.99 / EA

Choices Cheesecake Trays
190g - 200g



\$7.99 / EA

Choices Mini Cupcakes
Chocolate Ganache or Carrot,
4 Pack



\$4.49

Choices Tiramisu Cake
600g



\$19.99 / EA

Keto Caveman Desserts
Keto, Vegan, Paleo & Gluten Free,
130g - 200g



15% OFF

Portofino Breads & Buns
390g - 630g



\$6.49 / EA

STAR OF THE SEASON

NOVEMBER 15 - DECEMBER 24

Choices' Star of the Season program enriches the lives of families across the Lower Mainland, Vancouver Island, and the Okanagan. With your help, we can ensure vulnerable members of our communities have an amazing holiday season.

Kindly donated by Calabar Printers, Choices' Holiday Stars may be purchased between November 15th and December 24th for a donation of \$2.00. All proceeds go directly to local neighbourhood houses.

FOR MORE DETAILS ON EACH NEIGHBOURHOOD HOUSE, PLEASE VISIT OUR WEBSITE: CHOICES.MARKET



GROCERY

LOCAL • ORGANIC • SPECIALTY



Patience Organic Fruit, Baking and Snacks
Select Varieties, 85g - 283g

30% OFF



Chimes Ginger Chews
43g & 142g

30% OFF



Organic Meadow Organic Ice Cream
946ml

\$8.99



Eco Max Household Cleaners
Also Dishwashing Liquid, Select Varieties, 740ml & 800ml

2 FOR \$9.00



Avafina Organics Organic Seeds
Also Quinoa & Spices, Select Varieties

25% OFF



Only Oats Oat Flour
Also Rolled Oats, 100% Canadian, 1kg

\$8.99



Enjoy Life Semi Sweet Chocolate Chips
225g - 283g

GLUTEN FREE

\$6.99



Organic Bulk Foods
Rice, Beans & Grains

20% OFF

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN

COLD & FLU RELIEF



Suro Organic Elderberry Syrup, Breathe & iSleep
Assorted Varieties & Sizes

20% OFF



Prairie Doctor Herbal Tinctures
Assorted Varieties & Sizes

20% OFF



Enerex Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF



Renew Life Probiotics
Assorted Varieties & Sizes

20% OFF



withinUs TruMarine Collagen
Assorted Varieties & Sizes

20% OFF



Salus Floradix & Floravit and Herbal Supplements
Assorted Varieties & Sizes

20% OFF

Do Matcha Ceremonial Green Tea
Assorted Varieties & Sizes



20% OFF



Green Beaver Face Care, Body Care & Skin Care
Assorted Varieties & Sizes

20% OFF



Flora Vitamins and Supplements
Assorted Varieties & Sizes

20% OFF



Bach Rescue Remedy and Flower Remedies
Assorted Varieties & Sizes

25% OFF



Platinum Naturals Multivitamins
Assorted Varieties & Sizes

20% OFF



Everyone For Every Body Hand Soap
Assorted Varieties, 377ml

\$6.99

Shop online at [ChoicesMarket.com](https://www.ChoicesMarket.com) @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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