



CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY SPECIALS!

Prices Effective • December 5 - December 11, 2024



WILD CAUGHT

FEATURED CHOICE

Stem 'n Leaf Satsuma Mandarins
Blue Jay Label, USA Grown,
1.81kg Pkg.

\$15.98 / EA **YOU SAVE \$4.00**

SPECIAL PRICE

Sockeye Salmon Fillets
Ocean Wise, Frozen or Previously Frozen, Value Pack

\$3.99 / 100G

YOU SAVE 25%

SATURDAY, DECEMBER 7 ONLY

KITSILANO ANNIVERSARY SALE WITH SANTA

10% OFF ENTIRE STORE*

INCLUDING SALE ITEMS

*See page 5 for details.



YOU SAVE 48%

\$14.99 / LB

Ribeye Steaks or Roasts

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Imported, Value Pack \$33.05/KG



YOU SAVE 28%

SPECIAL PRICE
2 FOR \$5.00

Organic Hass Avocado

Grown in Mexico

Progressive VegeGreens

Assorted Varieties, 225g - 265g

\$32.99 / EA

All Progressive products on SALE



YOU SAVE 34%

YOU SAVE 25%



Covered Bridge Potato Chips

Also Lela's Chickpea Chips, 120g - 170g

2 FOR \$7.00

GLUTEN FREE



DISCOVER LOCAL

Ready to Eat Roasted Chickens

Raised Without Antibiotics

\$12.99 / EA

YOU SAVE \$5.00



DISCOVER LOCAL

Choices Artisan Fruit Pies

8 Inch

\$9.99 / EA

YOU SAVE 23%

Triple Jim's Premium Apple Cider

Select Varieties, 3.78L

\$13.99 / EA
plus deposit & eco fees



YOU SAVE 33%

DISCOVER LOCAL

PRODUCE FRESH • LOCAL • ORGANIC



DISCOVER LOCAL

Organic Gala Apples
Grown in BC,
1.36kg Bag

\$6.98 / EA



Cauliflower
Grown in USA

\$5.48 / EA



Christmas Greens Bouquet

\$7.98 / EA

*Product images may differ from items in-store.



Organic Long English Cucumber
Grown in Mexico

\$3.48 / EA

Tomatoes On The Vine
Canadian Grown or Imported,
\$7.67/kg



\$3.48 / LB

Christmas Wreath



\$35.98 / EA

*Product images may differ from items in-store.

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



DISCOVER LOCAL

\$4.49 / LB

Chicken Drumsticks
100% Veggie Fed, Raised Without Antibiotics,
Fresh, Value Pack, \$9.90/KG



WESTERN CANADIAN

\$7.99 / LB

Pork Tenderloin
Raised Without Antibiotics, Fresh,
\$15.41/KG



WESTERN CANADIAN

\$4.99 / LB

Pork Button Bones
Raised Without Antibiotics, Fresh,
\$11.00/KG



Legends Haul Sausages, Grinds & Burgers
Frozen

CANADIAN

20% OFF



WILD CAUGHT

Smoked Sockeye Salmon Nuggets
Ocean Wise,
Previously Frozen or Frozen

\$6.99 / 100G



DISCOVER LOCAL

\$11.99 / LB

Thomas Reid Organic Chicken Breasts
Boneless, Skinless, Free Range, Non- GMO,
Air Chilled, Fraser Valley Raised, \$26.43/KG



Maple Leaf Natural Bacon
Select Varieties,
Made with Natural Ingredients, 375g

\$7.99 / EA

Northern Glacier Shrimp

Cooked 41/50 or Raw 31/40, Ocean Wise,
Frozen, 340g

\$8.99 / EA



KITSILANO ANNIVERSARY WITH SANTA

SATURDAY, DECEMBER 7






- Take a photo with Santa from 11AM to 4PM - donations welcome
- Enjoy complimentary coffee, tea, and hot apple cider all day
- Enter to win one of three \$100 gift cards
- New Product Showcase from 11AM to 4PM

All proceeds will support Gordon Elementary School.

AT 2627 W 16TH AVE, VANCOUVER

*Anniversary sale offer valid at this location only. Sale not available online.
Excluding Lotto and Gift Card purchases.



SHOP ONLINE AT [CHOICES.MARKET](https://www.choices.market)  /DiscoverChoicesMarket  @ChoicesMarket  @ChoicesMarket



**Café William
Organic Whole
Bean Coffee**
300g - 340g

\$12⁹⁹



**Earth's Own
Oat Barista
Beverage**
946ml

\$5⁴⁹



**Silly Cow Farms
Hot Chocolate
Mix**
480g

\$7⁹⁹



**Shady Maple
Farms Organic
Maple Syrup**
500ml

\$17⁹⁹



**Stash
Premium &
Seasonal Tea**
18 & 20 Bags

2 FOR \$8⁰⁰



**Wedderspoon
Manuka Honey**
500g

\$15 OFF



**Red Crown
Organic
Pomegranate
Juice**
Cold-Pressed, 1L

\$7⁹⁹

plus deposit & eco fees



**Happy Planet
Organic Valencia
Orange Juice**
1.75L

\$6⁴⁹

plus deposit & eco fees



**Earth's Choice
Organic
Peanut Butter**
500g

\$5⁹⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Casa Bonita
Organic
Tortilla Chips**
300g

\$4⁹⁹



**Boylan
Bottling Co.
Sugar Cane Soda**
4 Pack

\$8⁹⁹

plus deposit & eco fees



**Terra
Potpourri Chips**
141 g

\$5⁹⁹



**Mrs. Renfro's
Salsa**
473ml

\$6⁹⁹



**Mid-Day Squares
Functional Bars**
33g

2 FOR \$4⁰⁰



**Prana Organic
Trail Mix**
Also Dried Fruit,
Select Varieties

\$6⁹⁹



**Seattle
Chocolate Bars**
Select Varieties,
70g

\$5⁹⁹



**RJ's
Licorice**
180g

2 FOR \$7⁰⁰



**YumEarth
Organic
Licorice**
142g

\$8⁹⁹



**Organic Meadow
Organic Milk**
2L

\$6.49
plus deposit & eco fees



**The Granola King
Gourmet Granola**
750g

\$12.99



**Anita's Organic
Rolled Oats**
Select Varieties,
1kg

\$9.99



**Riviera
Coconut Milk
Yogurt**
Select Varieties,
500g

\$5.99



**Tree Island
Cream Top
Yogurt**
1.5kg

\$10.99



**Hornby Organic
Energy Bars**
80g

2 FOR \$5.00



**Faith Farms
Cheese**
360g & 380g

\$6.49



**Eve's
Crackers**
108g

\$5.99



**Nuts For
Cheese Organic
Fermented
Cashew Wedges**
120g

\$9.99



NOURISHING LIFESTYLES SINCE 1990



**Rizopia Organic
Brown Rice Pasta**
Also Organic Quinoa,
Select Varieties,
454g & 340g

2 FOR \$7.00



**Favuzzi
Pasta**
500g

\$5.99



**Mezzetta
Pasta Sauce**
Also Pesto,
Select Varieties

\$6.99



**Earthbound Farm
Organic
Vegetables**
Frozen, 300g

2 FOR \$7.00



**La Tourangelle
Organic
Extra Virgin
Olive Oil**
750ml

\$24.99



**Better Than
Bouillon Organic
Base**
Select Varieties,
227g

\$9.99



**Quesava
Poppers**
Also Perogies &
Samosas
Frozen, 425g

\$9.99



**Lucky
Seoul Kimchi**
396g

\$7.99



**Bubbies
Pickles**
Also Sauerkraut,
750ml & 1L

\$10.99

CHOICES MARKET CHRISTMAS DINNER

FOR FOUR

\$129

Leave the cooking to us this holiday. Choices Christmas Dinner comes fully prepared from our kitchen, ready to heat and eat in minutes.

TO GET STARTED

Festive Cranberry Loaf for Baking & Snacking
Butternut Squash and Roasted Garlic Soup

THE MAIN COURSE

- Roasted Stuffed RWA Turkey Breast
- Homemade Stuffing • Fresh Dinner Buns
- Homemade Turkey Gravy • Cranberry Sauce

A CHOICE OF THREE VEGGIE SIDES

- Garlic Mashed Potatoes • Roasted Potatoes
- Roasted Yam & Sweet Potato with Fennel
- Roasted Carrots • Green Beans with Slivered Almonds • Roasted Root Vegetables (Red & Golden Beets with Onions & Rutabega)

TO FINISH

Shortbread Cookies

Further satisfy your sweet tooth with our bakery's additional decadent seasonal offerings.

PRE-ORDER DEADLINE: 4PM THURSDAY, DECEMBER 19TH
SPEAK WITH A DELI CLERK TO ORDER

DELI PREPARED FRESH



DISCOVER LOCAL Choices Deli Meats, Patés or Salami
Raised Without Antibiotics



15% OFF

DISCOVER LOCAL Choices Holiday Turkey Meal
\$15.99 / EA
3-Course Dinner for 4
\$129

DISCOVER LOCAL Choices Signature Hot Soup or Chili
16oz, 500ml



\$5.99 / EA

DISCOVER LOCAL Choices Ready to Eat Wraps



\$9.99 / EA

DISCOVER LOCAL Choices Pot Pie
245g - 285g



\$7.99 / EA

DISCOVER LOCAL **GLUTEN FREE** Zorbas Mini Appetizers
300g



\$9.99 / EA

Summer Fresh Dips & Hummus
227g



\$4.49 / EA

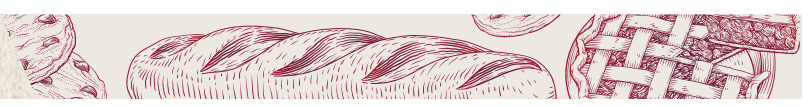
Castello Cheese Slices
125g - 165g
\$6.99 / EA

Kerrygold Irish Cheddar
Blarney Castle, Dubliner or Reserve, 198g
\$8.99 / EA

DISCOVER LOCAL Burrata Cheese
250g
\$15.99 / EA

DISCOVER LOCAL Salt Spring Island Chevre, Juliette or Ruckles
150g - 230g
15% OFF

BAKERY FRESH BAKED • WHOLESOME



DISCOVER LOCAL Choices Beer Bread
350g
\$4.99

DISCOVER LOCAL Choices Ciabatta Loaf
390g
\$3.49

DISCOVER LOCAL Choices Mincemeat Buns with Rum Sauce,
4 Pack
\$6.99

DISCOVER LOCAL Choices Christmas Cookies
4 Pack
\$6.99

DISCOVER LOCAL Choices Holiday Shortbread Cookies
6 Pack
\$5.99

DISCOVER LOCAL Saman Artisan Crackers
160g - 200g
\$7.99

DISCOVER LOCAL Bakestone Brothers Organic Bagels
6 Pack
\$5.99

DISCOVER LOCAL **GLUTEN FREE** Alkeme Ancient Grain
Also Country Sourdough Bread, 725g
\$9.99

DISCOVER LOCAL Uprising Bread Rice Fruit Cake
720g
\$16.99

DISCOVER LOCAL Choices Pumpkin Pie
8 Inch
GLUTEN FREE
\$10.99

KITSILANO ANNIVERSARY WITH SANTA

10% OFF ENTIRE STORE*
INCLUDING SALE ITEMS

JOIN US SATURDAY, DECEMBER 7TH

To celebrate Choices Kitsilano anniversary!
2627 W 16TH AVE, VANCOUVER

- Stop by for a photo with Santa and spread some holiday cheer
- Enjoy complimentary coffee, tea, and hot apple cider all day
- Enter to win one of three \$100 gift cards
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GROCERY

LOCAL • ORGANIC • SPECIALTY



Righteous Gelato & Sorbetto
Select Varieties,
473ml

\$6.99



Ben & Jerry's Ice Cream
Select Varieties,
473ml

\$5.99



GoldEgg Free Run Large Brown Eggs
Dozen



\$6.99



Nature Clean Dishwashing Liquid
740ml

\$4.99



Daiya Cheezecake
400g



\$6.99



Wholesome Organic Dark Brown Sugar
680g



\$6.99



Happy Planet Fine Cultured Butter
200g



\$9.99



Eco Max All Purpose Cleaners
800ml

\$4.49

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



NutraSea Omega-3+D Fish Oil Supplements
Assorted Varieties & Sizes



20% OFF



CanPrev Magnesium Supplements
Assorted Varieties

20% OFF



Sisu Stress and Sleep Supplements
Assorted Varieties & Sizes

20% OFF



Blume Superfood Lattes
Assorted Varieties,
100g



\$22.99



Natural Factors Probiotics
Assorted Varieties & Sizes



20% OFF



Prairie Naturals Vitamins, Supplements
Also Hair Care,
Assorted Varieties & Sizes



20% OFF



Natural Factors Vitamin C 500mg Chewable
Assorted Varieties,
90 Chewable Wafers



\$10.49



The Kelowna Candle Factory
Assorted Varieties & Sizes



20% OFF



Naturtint Natural Permanent Hair Colour
Assorted Colours,
1 Kit

\$16.99



Mountain Sky Natural Shampoo & Conditioner Bar
Assorted Varieties

\$9.49



Mrs. Meyer's Hand Soap
Assorted Varieties,
370ml

\$5.99



Acure Face, Hair & Body Care
Assorted Varieties & Sizes

25% OFF

Shop online at [ChoicesMarket](http://ChoicesMarket.com) @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.