



# CHOICES MARKET

100% BC OWNED AND OPERATED

# WEEKLY SAVINGS!

Prices Effective • February 20 - February 26, 2025

## FEATURED CHOICE

### Inside Round Roast or Steaks

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported from Australia, \$17.61/KG

**\$7.99 / LB**

YOU SAVE **33%**



SPECIAL PRICE

2 FOR **\$5.00**

### Organic Kale

Green, Black or Red, Mexico Grown, Sold by the Bunch

YOU SAVE **37%**



SPECIAL PRICE

**\$3.98 / LB**

### Green or Red Grapes

Grown in Peru, \$8.77/KG

YOU SAVE **38%**



Pacific Foods Organic Broth  
946 ml & 1 L

**\$3.99**

YOU SAVE **42%**

DISCOVER LOCAL



Happy Planet Soups  
500ml & 650ml

**\$8.49**

YOU SAVE **\$1.50**

DISCOVER LOCAL



YOU SAVE **\$2.00**

**\$8.99 / EA**

### Choices Casserole Entrées

Ready to Eat, Assorted Varieties, 340g - 400g

DISCOVER LOCAL



YOU SAVE **20%**

**\$5.99 / EA**

### Choices Artisan Half Fruit Pies

280g

MADE IN CANADA



Platinum Naturals Vitamins & Supplements  
Assorted Varieties & Sizes

**25% OFF**



Andalou Naturals Face & Body Care  
Assorted Varieties & Sizes

**25% OFF**

# PRODUCE FRESH • LOCAL • ORGANIC



**Organic Kiwi Fruit**  
Grown in Greece,  
454g Bag

**\$6.98 / EA**



**Organic Gold Nugget Mandarin Oranges**  
USA Grown,  
907g Bag

**\$8.98 / EA**

**Asparagus**  
Grown in Mexico,  
\$13.18/KG



**\$5.98 / LB**

**Ataulfo Mangos**  
Mexico Grown



**\$3.48 / EA**



**Gourmet Bouquet**

**\$24.98 / EA**

## MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



**Lean Ground Beef**

100% Grass Fed, Raised Without Antibiotics,  
Pasture Raised, Value Pack, Imported, \$17.61/KG

**\$7.99 / LB**



DISCOVER LOCAL

**Chicken Drumsticks**

Raised Without Antibiotics, 100% Veggie Fed,  
Fresh, Value Pack, \$9.90/KG

**\$4.49 / LB**



WESTERN CANADIAN

**Pork Loin Chops or Roast**

Boneless, Raised Without Antibiotics,  
Fresh, \$15.41/KG

**\$6.99 / LB**



**Beef Stewing Meat**

100% Grass Fed, Raised Without Antibiotics,  
Pasture Raised, Value Pack, Imported, \$19.82/KG

**\$8.99 / LB**



WILD CAUGHT

**Sable Fish Fillets**

Ocean Wise, Fresh

BUY 1 GET 1 FREE



**Stapleton Sausages**  
Locally Made

**15% OFF**

Varieties may vary by store



**Maple Leaf Natural Bacon**

Made with Natural Ingredients,  
Select Varieties, 375g

**\$7.99 / EA**

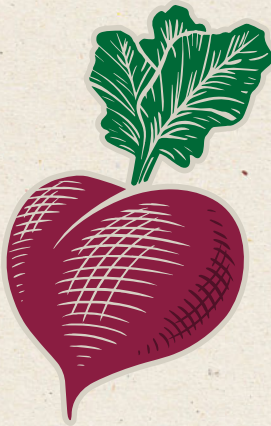
**Freybe 1844 Salami Chubs**  
175g

GLUTEN FREE

**\$7.99 / EA**



**FEBRUARY 26 ONLY!**



**ONE DAY SALE!**

**AT OUR NORTH VANCOUVER LOCATION ONLY**



**\*Excluding Lotto and Gift Card purchases.**

**Sale not available online.**

**Sale offer valid at**

**North Vancouver location only.**



**Earth's Choice  
Organic Diced  
Tomatoes**  
398ml

2 FOR \$6<sup>00</sup>



**Pastificio G.  
Di Martino  
Italian Pasta**  
Select Varieties,  
500g

2 FOR \$7<sup>00</sup>



**Fody  
Pasta Sauce**  
547ml



\$7<sup>99</sup>



**San-J  
Cooking  
Sauces**  
Select Varieties,  
296ml

\$5<sup>99</sup>



**Rizopia Organic  
Brown Rice  
Pasta**  
Select Varieties,  
454g

2 FOR \$6<sup>00</sup>



**Maison Orphée  
Organic  
Extra Virgin  
Olive Oil**  
750ml

\$24<sup>99</sup>



**Lundberg  
Family Farms  
Sustainably  
Grown Rice**  
Select Varieties,  
907g

\$8<sup>99</sup>



**Earth's Choice  
Organic Beans**  
Select Varieties,  
398ml

2 FOR \$5<sup>00</sup>



**Maison Orphée  
Organic Balsamic  
Vinegar**  
500ml

\$9<sup>99</sup>

**DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND**



**Nina's  
Pierogies**  
Select Varieties,  
Frozen, 400g & 450g

\$12<sup>99</sup>



**Amy's  
Pizzas**  
Frozen,  
340g - 397g

\$10<sup>99</sup>



**L'Ancêtre  
Organic  
Cheese**  
Select Varieties,  
200g

\$7<sup>99</sup>



**Dairyland  
Sour Cream**  
450ml & 500ml

2 FOR \$7<sup>00</sup>



**Saputo  
Shredded  
Cheese**  
320g

\$6<sup>99</sup>



**Sunrise Soyganic  
Organic Tofu**  
Extra Firm & Firm,  
350g & 500g

2 FOR \$6<sup>00</sup>



**Karthain's  
Organic  
Sauerkraut**  
750ml

\$10<sup>99</sup>



**The Plant-Based  
Workshop**  
Ramen & Udon  
Noodles,  
Frozen, 3 Pack

\$12<sup>99</sup>



**Lucky Foods  
Spring Rolls**  
Select Varieties,  
Frozen, 241g

\$4<sup>99</sup>



**Nature's Farm Free Run  
Omega-3 Large Eggs**  
1 Dozen

**\$7<sup>29</sup>**

DISCOVER LOCAL



**Donia Farms  
Grass-Fed  
Heritage Yogurt**  
650g

**\$5<sup>99</sup>**

**NEW TO CHOICES**

DISCOVER LOCAL



**Thomakis Artisanal Greek  
Yogurt - Mango Lassi**  
Select Variety Only, 454g

**\$9<sup>99</sup>**

DISCOVER LOCAL



**Earth's Own  
Almond  
Beverage**  
1.89L

**2 FOR \$8<sup>00</sup>**

plus deposit & eco fees

DISCOVER LOCAL



**Bremner's  
Organic  
Blueberries**  
Also Organic Berry Blend,  
Frozen, 1.5kg

**\$26<sup>99</sup>**



**Nuts To You  
Almond Butter**  
365g

**\$8<sup>99</sup>**



**Jordans  
Morning Crisp  
Cereal**  
375g & 400g

**\$6<sup>99</sup>**

DISCOVER LOCAL



**the Granola King  
Gourmet Granola**  
750g

**\$12<sup>99</sup>**

**NOURISHING LIFESTYLES SINCE 1990**



**Two Bears Flashed  
Brew Coffee**  
Also Frothed Oat Latte  
and Oat Milk,  
207ml & 946ml

**20% OFF**  
plus deposit & eco fees

DISCOVER LOCAL

GLUTEN FREE



**Earth's Own  
Oat Barista**  
946ml

**\$5<sup>99</sup>**

DISCOVER LOCAL



**Traditional  
Medicinals  
Organic Tea**  
16 Bags

**\$4<sup>99</sup>**



**Covered Bridge  
Potato Chips**  
142g & 170g

GLUTEN FREE

**2 FOR \$7<sup>00</sup>**



**La Croix  
Sparkling Water**  
8 Pack

**\$5<sup>99</sup>**

plus deposit & eco fees

DISCOVER LOCAL



**La Cocina  
Tortilla Chips**  
300g - 400g

GLUTEN FREE

**\$4<sup>49</sup>**

FAIR TRADE



**Zazubean  
Organic  
Chocolate Bars**  
80g & 85g

**\$4<sup>99</sup>**



**Haribo  
Gummies**  
170g & 175g

**2 FOR \$8<sup>00</sup>**

DISCOVER LOCAL



**Purpleful  
Snacking  
Popcorn**  
136g

GLUTEN FREE

**2 FOR \$9<sup>00</sup>**

# Shop CANADIAN

**Look for these symbols throughout Choices Market to make it easier to shop Canadian:**

## **Product of CANADA**

At least 98% of the total direct costs of producing or manufacturing the good have been incurred in Canada.

## **Made in CANADA**

At least 51% of the total direct costs of producing or manufacturing the good have been incurred in Canada.

# DELI PREPARED FRESH



**DISCOVER LOCAL**



**Vegetable Herb Samosas**  
160g

**2 FOR \$6.00**

**DISCOVER LOCAL NEW**



**Choices Snack Boxes**  
Assorted Varieties,  
180g - 270g

**\$7.99/EA**

**Spinach & Feta Twisters**  
Also Ricotta & Feta,  
200g



**2 FOR \$7.00**

**DISCOVER LOCAL**



**Choices Croissant Sandwiches**

**\$7.99/EA**

**DISCOVER LOCAL**



**Old Fashioned Ham**

**\$2.99/100G**

**DISCOVER LOCAL**



**Freybe Roasted Chicken Breast**

**\$3.99/100G**

**Choices Organic Cheese**



**15% OFF**

**Saputo Mozzarella Fresca Fresh Cheese**  
190g



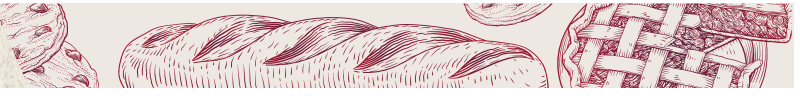
**\$6.99/EA**

**Castello Aged Havarti Wedges**  
Also Gouda or Cheddar,  
200g



**\$8.99**

# BAKERY FRESH BAKED • WHOLESOME



**DISCOVER LOCAL**



**Choices Signature Cookies**  
12 Pack

**\$5.99**

**DISCOVER LOCAL**



**Choices Sourdough Buns**  
4 Pack

**\$3.49**

**DISCOVER LOCAL**



**Choices Sourdough Baguettes**  
250g

**\$3.29**

**DISCOVER LOCAL NEW**



**Choices Raspberry Coffee Cake**  
215g

**\$8.99**

**DISCOVER LOCAL**



**La Tortilla Factory Tortillas**  
Assorted Varieties,  
200g - 496g

**20% OFF**

**DISCOVER LOCAL**



**Choices Dulce Cookie Cake Tray Bake**  
250g

**\$8.99**

**DISCOVER LOCAL**



**Golden West English Muffins**  
6 Pack

**2 FOR \$5.00**

**DISCOVER LOCAL**



**Aidan's Fermented Sourdough Bread**  
500g

**\$9.99**

**GLUTEN FREE**

**WEDNESDAY,  
FEBRUARY 26 ONLY  
NORTH VANCOUVER**

**ONE DAY SALE 15% OFF\***

YOUR IN-STORE PURCHASE, INCLUDING ITEMS ON SALE THROUGHOUT THE ENTIRE STORE.

\*Excluding Lotto and Gift Card purchases. One Day sale offer valid at the North Vancouver location only. Sale not available online.

# GROCERY

LOCAL • ORGANIC • SPECIALTY



**Caboo Bathroom Tissue**  
9 Rolls

**\$9.99**

GLUTEN FREE



**Silly Cow Farms Hot Chocolate Mix**  
480g

**\$8.99**



**So Delicious Non-Dairy Frozen Dessert**  
500ml

**\$5.99**

GLUTEN FREE



**O'Doughs Bagels**  
Frozen, 300g

**\$4.99**



**Eco Living Club Laundry Strips**  
40 Pack

**\$8.99**



**Whittaker's Milk Chocolate Bar Mini Slabs**  
50g

**2 FOR \$4.00**



**Ben & Jerry's Ice Cream**  
Select Varieties, 473ml

**\$5.99**

DISCOVER LOCAL



**Daiya Dairy-Free Cheeze Shreds, Blocks & Slices**  
Select Varieties, 185g - 220g

**\$4.99**

GLUTEN FREE  
PLANT BASED

# WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN

ALL ITEMS ON SALE



**New Roots Vitamins & Supplements**  
Assorted Varieties & Sizes

**20% OFF**



**Bio-K Plus Probiotics**  
Dairy & Non Dairy, Assorted Varieties, 12 Pack

**\$43.99**



**Dr. Hauschka Facial Care**  
Assorted Varieties & Sizes

**20% OFF**



**Mrs. Meyer's Hand Soap**  
Assorted Varieties, 370ml

**BUY 1 GET 1 FREE**

CANADIAN OWNED



**Natural Factors Healthy Aging Supplements**  
Assorted Varieties & Sizes

**15% OFF**



**Sisu Ester-C Supplements**  
Assorted Varieties & Sizes

**20% OFF**

MADE IN CANADA



**Phillip Adam Hair Care**  
Assorted Varieties & Sizes

**20% OFF**



**Radius, Toothbrushes, Floss and Accessories**  
Assorted Varieties & Sizes

**25% OFF**

CANADIAN OWNED



**Womensense Supplements**  
Assorted Varieties & Sizes

**20% OFF**

CANADIAN OWNED



**Natural Factors Probiotics**  
Assorted Varieties & Sizes

**15% OFF**

MADE IN CANADA



**Mountain Sky Natural Body Bar Soap**  
Assorted Varieties, 135g

**\$5.49**



**NOW Essential Oils**  
Also Topical Body Oils, Assorted Varieties & Sizes

**20% OFF**

Shop online at [ChoicesMarket](http://ChoicesMarket) @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver  
Yaletown - 1202 Richards St, Vancouver  
Cambie - 3493 Cambie St, Vancouver  
Kitsilano - 2627 W 16th Ave, Vancouver  
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver  
South Surrey - 3248 King George Blvd, Surrey  
Burnaby Crest - 8683 10th Ave, Burnaby  
Abbotsford - 3033 Immel St, Abbotsford  
Kelowna - 1937 Harvey Ave, Kelowna  
Parksville - 319 Island Hwy East, Parksville

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