



# CHOICES MARKET

100% BC OWNED AND OPERATED

# WEEKLY SAVINGS!

DISCOVER WOMEN-OWNED CHOICES

SEE BACK PAGE FOR DETAILS.

Prices Effective • March 6 - 12, 2025



**SPECIAL PRICE**

**Ribeye Grilling Steaks**  
100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported from Australia, or Roast, \$30.84/KG

**\$13.99 / LB**

YOU SAVE **52%**

**SPECIAL PRICE**

**Organic Hass Avocados**  
Mexico Grown, Bag of 3

**\$4.98 / EA**

YOU SAVE **\$2.00 / BAG**



**PRODUCT OF CANADA**

YOU SAVE **\$3.00**

**\$14.99 / EA**

**Roasted Chickens**  
Raised Without Antibiotics



**CANADIAN OWNED**

**BACK IN SEASON**

YOU SAVE **\$1.00**

**\$5.99 / EA**

**Choices Signature Hot Cross Buns**  
Pack of 6



**PRODUCT OF CANADA**

**\$4.99 / LB**

**Choices Own Whole Frying Chickens**  
Raised Without Antibiotics, 100% Veggie Fed, Fresh, \$11.00/KG

YOU SAVE **17%**



**SPECIAL PRICE**

**\$1.98 / LB**

**Roma Tomatoes**  
Mexico Grown, \$4.37/KG

YOU SAVE **33%**



**Amy's Organic Soup**  
398ml

YOU SAVE **33%**

**2 FOR \$8.00**



**MADE IN CANADA**

**Nuts to You Organic Almond Butter**  
365g

YOU SAVE **27%**

**\$12.99**

**FEATURED CHOICE**



**MADE IN CANADA**

**WOMEN OWNED**

**withinUs TruMarine Collagen**  
Assorted Varieties & Sizes

**40% OFF**



# PRODUCE FRESH • LOCAL • ORGANIC



**Organic Bunched Carrots**  
Mexico Grown

**\$2.98** / EA



**Organic Pineapple**  
Costa Rica Grown,  
\$6.57/KG

**\$2.98** / LB



**Organic Valencia Oranges**  
Mexico Grown,  
1.8kg Bag

**\$8.98** / EA

**Mixed Coloured Peppers**  
Mexico Grown,  
907g Bag



**\$6.98** / EA

**Yellow Potatoes**  
BC Grown,  
2.27kg Bag



**\$5.48** / EA

**Gourmet Bouquet**



**\$24.98** / EA

# MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



PRODUCT OF CANADA

**\$4.99** / LB

**Whole Chicken Legs**

Raised Without Antibiotics, 100% Veggie Fed, Fresh, \$11.00/KG



**\$9.99** / LB

**Flank Steak**

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, from Australia, \$22.02/KG



PRODUCT OF CANADA

**\$4.99** / LB

**Pork Butt Bones**

Raised Without Antibiotics, Fresh \$11.00/KG



PRODUCT OF CANADA

**\$6.99** / LB

**Pork Belly**

Raised Without Antibiotics, Fresh, Sliced or Piece, \$15.41/KG



**\$4.49** / 100G

**Sockeye Salmon Fillets**

Ocean Wise, Previously Frozen or Frozen, Value Pack



PRODUCT OF CANADA

**Shorba Bone Broth**  
Locally Made,  
Frozen, 750ml

**\$12.99**



PRODUCT OF CANADA

**\$7.99** / EA

**Greenfield Bacon**

Raised Without Antibiotics, Canadian Raised, 375g



**Northern Glacier Hand Peeled Cooked Shrimp**  
Ocean Wise, Frozen,  
340g

**\$9.99** / EA







— DISCOVER —

# THOUSANDS OF CANADIAN CHOICES

 100% BC OWNED  
 CHOICES.MARKET

 CHOICES  
MARKET



**Earth's Own  
Oat Beverage**  
Select Varieties,  
1.75L

**\$4.49**

plus deposit & eco fees



**Donia Farms  
Grass Fed Milk**  
2L

**\$5.99**

plus deposit & eco fees



**Dairyland  
Lactose Free  
Milk**  
1.89L

**\$5.99**

plus deposit & eco fees



**Terra Granola  
Premium  
Granola**  
340g

**\$7.99**



**Riviera  
Petit Style  
Yogurt**  
Select Varieties,  
4 Pack

**\$5.99**



**Avalon  
Organic  
Probiotic Yogurt**  
650g

**\$5.99**



**Bremner's  
Premium  
Blueberries**  
Frozen, 600g

**\$8.99**



**Love Child  
Organics  
Organic Fruit  
Purée**  
128ml

**2 FOR \$6.00**



**Annie's Organic  
Cheddar Bunnies  
Crackers**  
213g

**\$3.99**

**DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND**



**Ritter Sport  
Chocolate Bars**  
Select Varieties,  
100g

**2 FOR \$8.00**



**Organic Traditions  
Organic Cacao  
Powder**  
Also Nibs & Chia Seeds,  
Select Varieties,  
227g & 454g

**20% OFF**



**Left Coast Naturals  
Organic Bulk Seeds  
& Snacks**  
Loose Bulk Only,  
Select Varieties

**20% OFF**



**Galerie au  
Chocolat  
Vegan Bars**  
80g

**\$5.99**



**Elias  
Raw White  
Creamed Honey**  
500g

**\$10.99**



**Alkiss PH 8+  
Alkaline Water**  
4L

**\$3.99**

plus deposit & eco fees



**Vita Coco  
Coconut Water**  
1L

**\$3.99**

plus deposit & eco fees



**Fiji Natural  
Artesian Water**  
1.5L

**2 FOR \$7.00**

plus deposit & eco fees



**Boylan Bottling Co.  
Cane Sugar  
Soda**  
4 Pack

**\$9.99**

plus deposit & eco fees





**Indianlife  
Samosas  
& Pakoras**  
Frozen, 400g

**\$6.99**



**La Presserie  
Noodle Soup**  
Frozen, 500g

**\$11.99**



**Konscious  
Sushi Rolls**  
Frozen, 210g - 220g

**\$7.99**



**Delverde Pasta**  
450g

**2 FOR \$5.00**



**Mezzetta  
Pasta Sauce**  
709ml

**\$6.99**



**Bragg  
Savoury Liquid  
Soy Seasoning**  
946ml

**\$10.99**



**Daiya  
Dairy-Free  
Pizza**  
Also Flatbread,  
Frozen,  
332g - 550g

**\$8.99**



**Divina  
Olives**  
375ml

**\$7.99**



**Lotus Foods  
Organic Rice**  
Select Varieties,  
425g & 426g

**\$6.99**

**NOURISHING LIFESTYLES SINCE 1990**

**NEW TO CHOICES** TIKKA MASALA FLAVOUR



**Hardbite All Natural  
Potato Chips**  
Select Varieties,  
128g & 150g

**2 FOR \$7.00**



**Schär  
Crackers**  
Also Breadsticks,  
150g & 210g

**\$7.99**



**Carr's Crackers**  
Select Varieties,  
125g & 150g

**2 FOR \$6.00**



**L'Ancêtre  
Organic Cheese**  
Also Grass Fed,  
Select Varieties,  
325g

**\$12.99**



**Armstrong  
Cheddar Snacks**  
10 Pack

**\$5.99**



**Dairyland  
Cottage Cheese**  
500g

**\$4.49**



**Campbell's  
Condensed Soup**  
284ml

**3 FOR \$5.00**



**Sundhed  
Himalayan  
Pink Salt**  
750g

**\$6.99**



**Granny's  
Ultra Liquid  
Laundry Wash**  
High Efficiency,  
3.78L

**\$8.99**



# Shop CANADIAN

**Look for these symbols throughout Choices Market to make it easier to shop Canadian:**

## **Product of CANADA**

At least 98% of the total direct costs of producing or manufacturing the good have been incurred in Canada.

## **Made in CANADA**

At least 51% of the total direct costs of producing or manufacturing the good have been incurred in Canada.



**DELI** PREPARED FRESH



**Choices Signature Fresh Soups**  
650ml

**\$8.99** / EA



**Choices Wild Salmon Cakes**  
130g

**\$3.99** / EA



**Summer Fresh Hummus Toppers**  
Select Varieties, 255g

**\$5.49** / EA



**Rosemary Ham**  
Also Capicola, Pepper or Emperor

**\$3.49** / 100G



**Little Qualicum Cheeseworks Cheese**

**\$4.99** / 100G



**Burrata Cheese**  
250g

**\$14.99** / EA



**Tre Stelle Grana Padano Cheese**  
200g

**\$10.99** / EA



**Tre Stelle Crumbled Feta Cheese**  
150g

**\$5.99** / EA

**BAKERY** FRESH BAKED • WHOLESOME



**Choices Artisan Buns**  
4 Pack

**\$3.79** / EA



**Choices Mini Muffins**  
4 Pack

**\$3.49** / EA



**Choices Banana Bread**  
Also Orange Cranberry Loaf,  
300g - 454g

**\$7.99** / EA



**Choices Keto Chocolate Mousse Tray Cake Bake**  
210g

**\$8.99** / EA



**Choices Indulgence Brownies**  
Also Salted Caramel,  
60g - 65g

**2 FOR \$6.00**



**Silver Hills Sprouted Power Organic Breads**  
660g - 680g

**\$5.49** / EA



**Schär Breads**  
Also Buns or Pizza Crusts,  
200g - 400g

**15% OFF**



**Uprising Breads Jumbo Gingersnap Cookies**  
6 Pack

**\$4.99** / EA

DISCOVER THOUSANDS OF **CANADIAN CHOICES**



# CELEBRATE INTERNATIONAL WOMEN'S DAY MARCH 8

**WOMEN OWNED**



**Zorbas Spanakopita or Mushroom & Parmesan Phyllo**

2 FOR \$10.00

**WOMEN OWNED**



**Wheat Free Savoury Fritters**

\$3.99 /100g

**CANADIAN OWNED**



**Mogiana Whole Bean Coffee**  
340g

\$15.99

**PRODUCT OF CANADA**

**WOMEN OWNED**



**Yumi Overnight Oats**  
250g

\$6.99

**CANADIAN OWNED**

**WOMEN OWNED**



**Koukla Delights Organic Coconut Bites**  
150g

\$7.99

**MADE IN CANADA**

**WOMEN OWNED**



**Eve's Crackers**  
108g

\$6.99

**GLUTEN FREE**

**MADE IN CANADA**

**WOMEN OWNED**



**Yoggu! Coconut Yogurt**  
450g

\$6.99

**WOMEN OWNED**



**GoMacro Protein Bars**  
59g - 69g

2 FOR \$7.00

**MADE IN CANADA**

**WOMEN OWNED**



**Hornby Organic Protein Bars**  
80g

2 FOR \$5.00

**MADE IN CANADA**

**WOMEN OWNED**



**Tofino Organic Kombucha**  
355ml

2 FOR \$6.00

plus deposit & eco fees

## WELLNESS REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN

**MADE IN CANADA**



**Vega Sport Protein**  
Assorted Varieties,  
801g - 837g

\$44.99

**CANADIAN OWNED**



**Preferred Nutrition Berberine**  
Assorted Varieties & Sizes

20% OFF

**MADE IN CANADA**



**Purica Vitamins & Supplements**  
Assorted Varieties & Sizes

20% OFF



**Acure Face, Hair & Body Care**  
Assorted Varieties & Sizes

20% OFF

**PRODUCT OF CANADA**



**Organika Electrolytes**  
Assorted Varieties,  
210g

\$39.99

**now**



**Now Vitamins & Supplements**  
Assorted Varieties & Sizes

20% OFF

**CANADIAN OWNED**



**Natural Factors Omega Supplements**  
Assorted Varieties & Sizes

15% OFF



**CanPrev Beauty Supplements**  
Assorted Varieties & Sizes

25% OFF

**CANADIAN OWNED**



**Natural Factors Stress & Sleep Supplements**  
Select Varieties,  
Assorted Sizes

15% OFF

**MegaFood**



**MegaFood Multivitamins**  
Assorted Varieties & Sizes

20% OFF

**Salus Floradix Supplements**  
Assorted Varieties & Sizes

20% OFF

**MADE IN CANADA**



**The Soap Works Bar Soap**  
Assorted Varieties,  
90g - 110g

\$2.79

Shop online at [ChoicesMarket](https://www.choices.market) @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver  
Yaletown - 1202 Richards St, Vancouver  
Cambie - 3493 Cambie St, Vancouver  
Kitsilano - 2627 W 16th Ave, Vancouver  
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver  
South Surrey - 3248 King George Blvd, Surrey  
Burnaby Crest - 8683 10th Ave, Burnaby  
Abbotsford - 3033 Immel St, Abbotsford  
Kelowna - 1937 Harvey Ave, Kelowna  
Parksville - 319 Island Hwy East, Parksville

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.