

CHOICES MARKET

100% BC OWNED AND OPERATED

WEEKLY CHOICES!

Prices Effective • March 20 - 26, 2025



FEATURED CHOICE

Striploin Grilling Steaks or Roast
100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported from Australia, \$26.43/KG

\$11.99 / LB

YOU SAVE **55%**

SPECIAL PRICE

Organic Broccoli
Mexico Grown, \$6.57/KG

\$2.98 / LB

YOU SAVE **\$2.00/LB**

WEDNESDAY, MARCH 26 ONLY

ONE DAY SALE

15% OFF*

YOUR IN-STORE PURCHASE, INCLUDING ITEMS ON SALE THROUGHOUT THE ENTIRE STORE.

*Excluding Lotto and Gift Card purchases. See page 5 for details. Sale not available online.



SPECIAL PRICE

\$2.98 / LB



MADE IN CANADA

\$7.49 / EA

Green or Red Seedless Grapes
Grown in Peru, \$6.57/KG

YOU SAVE **45%**

Choices Mexican Fajitas, Quesdillas or Burritos
Assorted Varieties, 200g - 375g

YOU SAVE **\$1.50/EA**



MADE IN CANADA

Choices Old Fashioned Porridge Bread
with Whole Wheat, 500g

\$3.99

YOU SAVE **33%**



PRODUCT OF CANADA

Organika Electrolytes
Assorted Varieties & Sizes

30% OFF



MADE IN CANADA

Mogiana Whole Bean Coffee
340g

YOU SAVE **21%**

\$14.99



FAIR TRADE

Camino Organic Chocolate Bars
80g & 100g

YOU SAVE **31%**

\$5.49

PRODUCE FRESH • LOCAL • ORGANIC



Organic Pink Lady Apples
BC Grown,
1.36kg Bag

\$6.98 / EA



Organic Celery
Mexico Grown,
\$4.37/KG

\$1.98 / LB



Organic Red Grape Tomatoes
Mexico Grown,
1 Dry Pint

\$2.98 / EA

Hot House Tomatoes
Canada Grown,
\$5.47/KG



\$2.48 / LB

Hass Avocados
Mexico Grown



4 FOR \$7.00

Gourmet Bouquet



\$24.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



PRODUCT OF CANADA

\$4.99 / LB

Choices Own Frying Chickens
Fresh, 100% Veggie Fed, Raised Without Antibiotics, \$11.00/KG



PRODUCT OF CANADA

\$7.99 / LB

Pork Back Ribs
Raised Without Antibiotics, Fresh \$17.61/KG



PRODUCT OF CANADA

\$8.99 / LB

Boneless Skinless Chicken Thighs
Raised Without Antibiotics, 100% Veggie Fed, Fresh, Value Pack \$19.82/KG



\$9.99 / LB

Fresh Beef Burgers Patties
Fresh, 100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Imported from Australia, Made in-store, \$22.02/KG



\$3.99 / 100G

Steelhead Fillet
Ocean Wise, Fresh, Value Pack



All Frozen Legends Haul Products
Burgers, Grinds, Sausages

25% OFF



\$13.99 / EA

Grimm's Thick Sliced Bacon
Raised Without Antibiotics, No Sugar Added, 500G



Shorba Bone Broth
Locally Made, Frozen, 750ml



\$12.99 / EA

MARCH 26 ONLY!



**ONE
DAY**

SALE!



***Excluding Lotto and Gift Card purchases.
Sale not available online.**



Prana Organic Granolove Crunch Cereal
Select Varieties,
300g

\$5.49



Earth's Own The Alt. Beverage
Dairy Alternative, 1.75L

\$4.99

plus deposit & eco fees



Happy Planet Creamery Organic 2% Milk
Grass Fed, 1.5L

\$6.99

plus deposit & eco fees



Prana Organic Seeds, Nuts & Dried Fruit
Select Varieties,
150g ~ 300g

20% OFF



Terra Premium Granola
340g

\$7.99



Tree Island Grass-Fed Yogurt
Also Greek Style,
Select Varieties,
325g & 350g

\$4.99



Riviera Oat Milk Yogurt
Select Varieties,
500g & 650g

\$5.99



Olympic Organic Yogurt
Select Varieties,
1.75kg

\$12.49

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



Brew Dr. Organic Kombucha
414ml

2 FOR \$6.00

plus deposit & eco fees



Greenhouse Organic Booster Shots
60ml

\$3.79

plus deposit & eco fees



King Island 100% Pure Coconut Water
1L

\$4.99

plus deposit & eco fees



Camino Organic Hot Chocolate
Also Cocoa Powder and Baking Chips,
Select Varieties,
224g ~ 336g

20% OFF



Schär Cookies & Crackers
Select Varieties,
64.5g ~ 210g

20% OFF



McVitie's Cookies
Digestive & HobNobs,
300g & 400g

\$4.99



Nuts To You Organic Peanut Butter
750g

\$10.99



St. Dalfour Fruit Spread
225ml

\$5.49



Elias Raw White Creamed Honey
500g

\$10.99



Only Goodness Organic Beans
398ml

2 FOR \$6.00



Only Goodness Organic Rice Cakes
140g

2 FOR \$7.00



Only Goodness Organic Extra Virgin Olive Oil
500ml

\$12.99



Only Goodness Organic Herbal Tea
20 Bags

\$3.99



Only Goodness Organic Blueberries
Frozen, 600g

\$6.99



Only Goodness Organic Vegetables
Select Varieties,
Frozen, 500g

\$3.99



Only Goodness Organic Free Range Chicken Broth
946ml

2 FOR \$7.00



Only Goodness Organic Smoothie Blend
Frozen, 500g & 600g

\$6.99

NOURISHING LIFESTYLES SINCE 1990



Amy's Organic Soup
398ml

\$4.49



Felicetti Organic Pasta
Includes Lentil, Rice & Corn,
Select Varieties,
340g

BUY 1 GET 1 FREE



Pasta Tavola Ravioli
Original &
Plant-Based,
Frozen, 400g

\$10.99



Safe Catch Wild Pink Salmon
142g

\$4.99



Rao's Pasta Sauce
660ml

\$11.99



Mutti Passata
Made with Cherry
Tomatoes, 398ml

\$5.99



L'Ancêtre Organic Cheese
Also Grass Fed,
Select Varieties,
325g

\$12.99



Armstrong Sliced Cheese
220g & 240g

\$5.99



Philadelphia Cream Cheese Product
227g

\$5.49



DISCOVER

**THOUSANDS OF
CANADIAN
CHOICES**



100% BC OWNED



CHOICES.MARKET



**CHOICES
MARKET**

DELI PREPARED FRESH



Roasted Half Chickens
Raised without Antibiotics,
Assorted Varieties

\$8.99 / EA



Choices Greenhouse Salad
Large, 550g

\$9.99 / EA



Habibi's Hummus & Dips
200g - 240g

\$4.99 / EA



Choices Fresh Rolls
148g - 245g

\$6.49 / EA



Choices Ready to Eat Sandwiches
Assorted Varieties,
130g - 200g

\$6.99 / EA



Rosemary Ham
Also Hot Capicola

\$3.49 / 100G



Castello Cheese Slices
Assorted Varieties,
125g -165g

\$7.99 / EA



Goat Feta Cheese

\$3.49 / 100G



Cathedral Mature Cheddars
200g

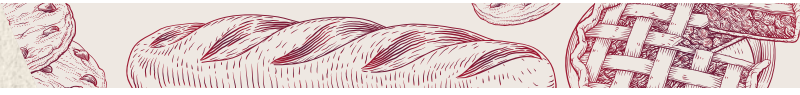
\$7.99 / EA



Tre Stelle Romano Cheese
200g

\$12.99 / EA

BAKERY FRESH BAKED • WHOLESOME



Uprising Sourdough Light Rye Bread
Also Whole Wheat Raisin Bread,
650g - 740g

2 FOR \$10.00



Choices Country French Bread
480g

\$4.99 / EA



Choices Dessert Cups
150g

\$4.29 / EA



Choices Nanaimo Bars
Also Peanut Butter or Mocha
70g - 85g

2 FOR \$6.00



Choices Party Size Ganache Cake
Also Raspberry White Chocolate,
540g - 600g

\$14.99



Alkeme Country Sourdough
Also Ancient Grain Sourdough,
725g

\$9.99 / EA



Carbonaut Low Carb Bagels
5 Pack

\$8.99 / EA

WEDNESDAY, MARCH 26 ONLY
ONE DAY

SALE 15% OFF*

YOUR IN-STORE PURCHASE, INCLUDING ITEMS ON SALE THROUGHOUT THE ENTIRE STORE AND PURE PHARMACY.
*Excluding Lotto and Gift Card purchases. Sale not available online.

GROCERY

LOCAL • ORGANIC • SPECIALTY



NEW TO CHOICES



Lattini Sunflower Milk
946ml

\$6.99
plus deposit & eco fees

FAIR TRADE

GLUTEN FREE



Hu Organic Chocolate Bars
60g

\$6.99

PLANT BASED

GLUTEN FREE



Food Earth Organic Indian Simmer Sauces
Select Varieties

\$5.99



Snack Factory Pretzel Crisps
200g

\$4.99



Manitoba Milling Co. Flax Beverage
Milled Whole Seed,
946ml

\$5.99
plus deposit & eco fees

MADE IN CANADA



Comeback Snacks Flavoured Popcorn
200g & 225g

\$6.99

MADE IN CANADA



Barakah Eats Indian Meals
Select Varieties,
400g

\$8.99



Jus-Rol Pancake Bites
Frozen, 238g

\$4.99

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



BioSil Hair, Skin, Nails
Assorted Varieties & Sizes

25% OFF

MADE IN CANADA



withinUs TruMarine Collagen Supplements
Assorted Varieties & Sizes

20% OFF

MADE IN CANADA



St. Francis Herb Farm Herbal Supplements
Assorted Varieties & Sizes

20% OFF

CANADIAN OWNED



Ecoideas Superfoods Maca & Moringa
Assorted Varieties & Sizes

20% OFF



Nature's Way Herbal Supplements
Assorted Varieties & Sizes

20% OFF



Lily of the Desert Aloe Vera Juice or Gel
Assorted Varieties & Sizes

25% OFF



Salus Floradix Supplements
Assorted Varieties & Sizes

20% OFF

CANADIAN OWNED



Santevia Alkaline Water Pitchers
Also Water Systems & More, Assorted Varieties & Sizes

20% OFF



Natural Factors Magnesium Supplements
Assorted Varieties & Sizes

15% OFF

MADE IN CANADA



Nutrasea Omega-3 Fish Oil Supplements
Assorted Varieties & Sizes

20% OFF

CANADIAN OWNED



Natural Factors Stress & Sleep Supplements
Assorted Varieties & Sizes

15% OFF

CANADIAN OWNED



Weleda Facial Care & Body Care
Assorted Varieties & Sizes

25% OFF

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Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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