



CHOICES MARKET

BONUS POINTS WEEK!

LEARN MORE ABOUT OUR PREFERRED SHOPPER PROGRAM ON PAGE 5

100% BC OWNED AND OPERATED

Prices Effective • April 10 - 16, 2025



FEATURED CHOICE

Easy Carve Maple Ham

Crafted in Dawson Creek, BC, \$11.00/KG

\$4.99 / LB

YOU SAVE **38%**



SPECIAL PRICE

\$9.98 / EA

Organic Valencia Oranges

Mexico Grown, 1.81 kg Bag

RECEIVE **100** BONUS POINTS = **\$100** VALUE



SPECIAL PRICE

\$9.99 / EA

Choices Salad Bowls

Greek or Hearty Kofta, 430g - 440g

RECEIVE **100** BONUS POINTS = **\$100** VALUE

SPECIAL PRICE

Organic Hass Avocados

Mexico Grown, 3 Pack

\$6.98 / EA

RECEIVE **100** BONUS POINTS = **\$100** VALUE



Rise Organic Kombucha

414ml

\$4.49

plus deposit & eco fees

RECEIVE **100** BONUS POINTS = **\$100** VALUE



Covered Bridge Potato Chips

142g & 170g

\$3.99

RECEIVE **100** BONUS POINTS = **\$100** VALUE



Canadian Heritage Organics 100% Pure Maple Syrup

1L

\$29.99

RECEIVE **300** BONUS POINTS = **\$300** VALUE



Organika Enhanced Collagen

500g

\$44.49

RECEIVE **500** BONUS POINTS = **\$500** VALUE



Silver Hills Sprouted Power Bread

544g - 625g

\$5.49

RECEIVE **100** BONUS POINTS = **\$100** VALUE



Roasted Chickens

Raised Without Antibiotics

\$14.99

RECEIVE **200** BONUS POINTS = **\$200** VALUE



Iron Vegan Sprouted Protein or Athlete's Blend Protein

Assorted Varieties, 1kg

\$58.99

RECEIVE **500** BONUS POINTS = **\$500** VALUE

PRODUCE FRESH • LOCAL • ORGANIC



Organic Green or Black Kale
Mexico Grown

2 FOR \$5.00



Organic Beefsteak Tomatoes
Mexico Grown,
\$8.77/KG

\$3.98 / LB



Organic Mangoes
Mexico Grown

\$3.48 / EA

Mini Red Watermelon
Mexico Grown



\$4.98 / EA

Zucchini
Mexico Grown,
\$4.37/KG



\$1.98 / LB

Gourmet Bouquet



\$24.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



\$4.99 / LB

Choices Own Frying Chickens

Fresh, 100% Veggie Fed, Raised Without Antibiotics, \$11.00/KG



\$14.99 / LB

Ribeye Grilling Steak

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, or Roast, Imported from Australia \$33.05/KG



\$5.99 / LB

Pork Butt Roast or Steaks

Fresh, Boneless, Raised Without Antibiotics, \$13.21/KG



Leg of Lamb Roast

Boneless, Fresh, Raised Without Antibiotics, Pasture Raised, Product of New Zealand, \$26.43/KG

\$11.99 / LB



Steelhead Fillets

Fresh, Ocean Wise, Value Pack

\$3.99 / 100G



Stapleton Sausages
Locally Made

Varieties may vary by store

15% OFF

Split Chicken Wings

100% Veggie Fed, Raised Without Antibiotics, Fresh, Value Pack, \$15.41/KG

\$6.99 / LB



Northern Glacier Cooked Shrimp

Hand Peeled, Ocean Wise, Frozen, 340g

\$9.99 / EA



Freybe Thick Sliced Bacon

500g

\$9.99 / EA

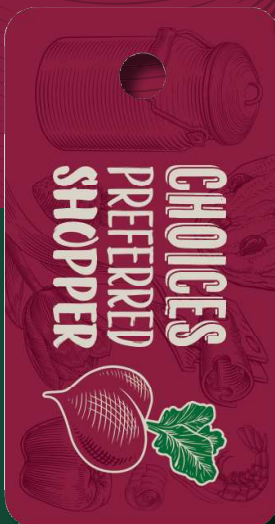


BECOME A PREFERRED SHOPPER

Join today to receive
exclusive discounts and collect
points on your purchases.

Scan here to join

When you hit 2,000 points,
you'll receive
\$20 off your groceries!



STOCK UP & GET MORE BONUS POINTS!



Level Ground Organic Coffee Beans
300g

\$14.99

RECEIVE **200** BONUS POINTS = **\$2.00** VALUE



Four O'Clock Organic Tea
16 Bags

\$6.49

RECEIVE **100** BONUS POINTS = **\$1.00** VALUE



Chocxo Organic Dark Chocolate Cups
98g

\$6.99

RECEIVE **100** BONUS POINTS = **\$1.00** VALUE



Zevia Zero Sugar Soda
Sweetened with Stevia, 6 Pack

\$6.99

plus deposit & eco fees

RECEIVE **100** BONUS POINTS = **\$1.00** VALUE



Harmless Harvest Organic Coconut Water
946ml

\$12.99

plus deposit & eco fees

RECEIVE **200** BONUS POINTS = **\$2.00** VALUE



Elias Liquid Squeeze Honey
500g

\$10.99

RECEIVE **100** BONUS POINTS = **\$1.00** VALUE



Barbara's Cheez Puffs
155g & 198g

\$3.99

RECEIVE **100** BONUS POINTS = **\$1.00** VALUE



Armstrong Cheddar Cheese
Select Varieties, 600g

\$10.99

RECEIVE **100** BONUS POINTS = **\$1.00** VALUE



Echoclean Liquid Laundry Detergent
High Efficiency, 2.95L

\$18.99

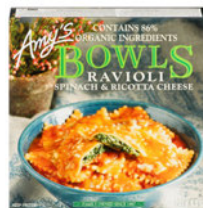
RECEIVE **200** BONUS POINTS = **\$2.00** VALUE

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



Earthbound Farm Organic Vegetables
Frozen, 300g

2 FOR \$7.00



Amy's Meals & Bowls
Frozen, 241g - 284g

\$6.99



Holy Napoli Pizza
Frozen, 385g & 425g

\$9.99



Yes!i Nutritional Yeast Salad Dressing
350ml

\$6.99



Favuzzi Italian Tomatoes
Select Varieties, 796ml

\$3.99



Rustichella d'Abruzzo Pasta
500g

\$6.99



Karthain's Organic Sauerkraut
750ml

\$9.99



Better Than Bouillon Organic Base
Select Varieties, 227g

\$9.99



Big Mountain Veggie Bites
Also Crumbles & Brats
300g - 400g

\$6.99

MADE IN CANADA

NEW

Only Goodness Organic Yogurt
1.75kg



\$10⁹⁹

MADE IN CANADA

Dairyland Organic Milk
4L



\$8⁹⁹
plus deposit & eco fees

PRODUCT OF CANADA

NEW

Only Goodness Organic Cheese
325g



\$11⁹⁹

MADE IN CANADA

Siggi's Skyr Yogurt
650g & 750g



\$6⁴⁹

MADE IN CANADA

Silk Almond Beverage
Also Soy, Coconut & Oat, 1.75L & 1.89L



\$5⁴⁹
plus deposit & eco fees

MADE IN CANADA

Happy Planet Organic Valencia Orange Juice
1.75L



\$6⁹⁹
plus deposit & eco fees

MADE IN CANADA

Liberté Kéfir
1L



\$5⁹⁹

MADE IN CANADA

Spread'em Cashew Cream Cheeze Spread
185g



\$7⁹⁹

MADE IN CANADA

Nuts For Cheese Organic Cashew Spread
210g



\$8⁹⁹

NOURISHING LIFESTYLES SINCE 1990

EASTER BAKING MUST-HAVES

Bob's Red Mill All Purpose Flour
Also Baking Flour, 624g & 1.24kg



20% OFF

FAIR TRADE

Wholesome Organic Sweeteners
Also Organic Blue Agave, Assorted Sizes



20% OFF

CANADIAN OWNED

Organic Traditions Organic Cacao Powder
Also Seeds and Dried Fruit, 100g - 454g



20% OFF

Bob's Red Mill Almond Flour
Also Baking Aids, 227g - 907g



20% OFF

Omega Nutrition Organic Coconut Oil
454g - 3.17kg Also Organic Apple Cider Vinegar, 355ml - 3.78L



20% OFF

If You Care Baking & Kitchen Products
Select Varieties



20% OFF

GLUTEN FREE

Bob's Red Mill Rolled Oats
794g & 907g



\$9⁹⁹

PRODUCT OF CANADA

Savör Grass Fed Butter
250g



\$6⁹⁹

Whittaker's Chocolate Bars
200g & 220g



\$6⁹⁹



DISCOVER

**THOUSANDS OF
CANADIAN
CHOICES**



100% BC OWNED



CHOICES.MARKET



**CHOICES
MARKET**

DELI PREPARED FRESH



Choices Pasta Salads
Assorted Varieties
\$1.89 / 100G



Spinach & Feta Twisters
Also Ricotta & Feta, 200g
2 FOR \$7.00



Choices Breakfast Items
Bagel, Sandwiches, Parfaits, Wraps, 160g - 320g
10% OFF



Black Forest Ham
\$2.99 / 100G



Chicken Breast
\$3.99 / 100G



Coastal Rugged Cheddar Cheese
200g
\$9.99 / EA



Jarlsberg Cheese or Jarlsberg Light Cheese
\$4.99 / 100G

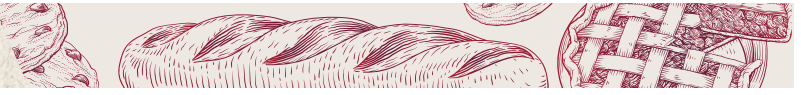


L'Extra Brie Cheese
\$4.99 / 100G



Saputo Mozzarella Fresca
190g
\$7.99 / EA
RECEIVE 200 BONUS POINTS = \$2.00 VALUE

BAKERY FRESH BAKED • WHOLESOME



Mount Royal Bagels
6 Pack
\$6.99 / EA



Choices Caramelized Onion & Rosemary Loaf
420g
\$5.99 / EA



Choices Cranberry Walnut Loaf
420g
\$5.99 / EA



Choices Artisan Cookies
6 Pack
\$6.99 / EA



Choices Cupcakes
4 Pack
\$6.49 / EA



Choices Low Carb Chocolate Mousse
Also Cookies & Cream Cheesecake, 60g - 90g
\$4.99 / EA



Choices Tuxedo Cake
450g
\$12.99 / EA



Carbonaut Bread
Seeded, White or Cinnamon Raisin, 550g
\$8.99 / EA
GLUTEN FREE



BECOME A PREFERRED SHOPPER

Join today to receive exclusive discounts and collect points on your purchases. When you hit 2,000 points, you'll receive \$20 off your groceries!



PLANT SALE*



Organic Rosemary Herb Plant
Tried & True,
4 Inch Pot

\$4.99



Organic Thyme Herb Plant
Tried & True,
4 Inch Pot

\$4.99



Organic Sage Herb Plant
Tried & True,
4 Inch Pot

\$4.99



Organic Cilantro Herb Plant
Tried & True,
4 Inch Pot

\$4.99



Organic Mint Mojito Herb Plant
Tried & True,
4 Inch Pot

\$4.29



Organic Dill Fernleaf Herb Plant
Tried & True,
4 Inch Pot

\$3.49



10% OFF

West Coast Seeds
Assorted Varieties

*SELECTION MAY VARY BY STORE

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



SUKU Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



CanPrev CoQ10 & Inno-Q-Nol Supplements
Assorted Varieties & Sizes

20% OFF



Natural Factors Vitamin C Supplements
Assorted Varieties & Sizes

15% OFF



Flora Udo's Choice 3+6+9 Blend
Also Flax Oil, Assorted Varieties & Sizes

20% OFF



Prairie Doctor Herbal Tinctures
Assorted Varieties & Sizes

20% OFF



Genuine Health Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Renew Life Probiotics
Assorted Varieties & Sizes

20% OFF



Boiron Homeopathic Remedies
Assorted Varieties & Sizes

20% OFF



Herbatint Natural Permanent Hair Colour
Assorted Varieties, 1 Kit

\$17.99



Attitude Natural Care Toothpaste & Body Care
Assorted Varieties & Sizes

25% OFF



Organyc Organic Feminine Hygiene
Assorted Varieties & Sizes

15% OFF



Everyone For Every Body 3 in 1 Soap or Lotion
Assorted Varieties, 946ml

\$16.49

Shop online at [ChoicesMarket](http://ChoicesMarket.com) @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.