



CHOICES MARKET

100% BC OWNED AND OPERATED

PARKSVILLE EASTER CHOICES!

Special Parksville Edition Prices Effective • April 17 - April 23, 2025

PRODUCT OF CANADA

SPECIAL PRICE

Choices Whole Turkeys
Fresh, Raised Without Antibiotics, Free Range, 100% Veggie Diet, Raised in Similkameen Valley, \$9.90/KG

\$4.49 / LB

YOU SAVE 34%

SPECIAL PRICE

Long English Cucumber
B.C Grown

2 FOR \$3.00

PRODUCT OF CANADA

YOU SAVE 39%

PRODUCT OF CANADA

Tulips
5 Stem per Bunch

\$3.98 / EA

MADE IN CANADA

Choices Easter Turkey Entrée
500g

\$15.99 / EA

MADE IN CANADA

Choices Hot Cross Buns
6 Pack

\$5.99 / EA

PRODUCT OF CANADA

MEADOWVALE Creamery Salted Butter
454g

YOU SAVE 23%

\$5.99

SO DELICIOUS COCONUT WHIPPED TOPPING
266ml

YOU SAVE 29%

\$4.49

Meadowvale Creamery Butter
454g

So Delicious Coconut Whipped Topping
266ml

MADE IN CANADA

Platinum Naturals MultiVitamins
Assorted Varieties & Sizes

actiV-X

20% OFF

YOU SAVE 34%

Stahlbush Island Farms Sustainably Grown Vegetables
Select Varieties, Frozen, 198g - 397g

2 FOR \$6.00

FEATURED CHOICE

Choices Artisan Fruit Pies
8 Inch

MADE IN CANADA

\$8.99

YOU SAVE 31%



PRODUCE FRESH • LOCAL • ORGANIC



Organic Orange or Yellow Pepper
B.C. Grown, \$16.49/KG



Organic Tri-Colour Nugget Potato
Canada Grown, \$5.69/KG



Good Leaf Hero Greens
Canada Grown,
50g

\$3.98 / EA



Gourmet Bouquet

\$24.98 / EA



\$2.48 / LB **On the Vine Tomato**
Canada Grown, \$5.47/KG



Yellow Potato Bag
Canada Grown,
2.27 kg bag

\$4.98 / EA



Yellow Onion Bag
Canada Grown,
1.36 kg Bag

\$3.98 / EA



MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



\$15.99 / LB

Turkey Breast Roast
Raised Without Antibiotics, Free Range,
100% Veggie Diet, Raised in Similkameen Valley,
Made in Store, \$35.25/KG



\$6.99 / LB

Pork Chops or Roast
Center Cut, Boneless, Fresh,
Raised without Antibiotics,
\$15.41/KG



20% OFF

Choices Own Sausages
Raised Without Antibiotics, In Store Made,
Pork, Chicken or Turkey, Select Varieties



\$26.99 / LB

Lamb Racks or Chops
Fresh, Raised Without Antibiotics, Pasture
Raised, Product of New Zealand,
\$59.50/KG



Sockeye Salmon Fillets
Frozen or Previously
Frozen, Value Pack,
Ocean Wise

\$4.99 / 100G



\$13.49 / EA

Harvest Bacon
500g



Lean Ground Pork
Fresh, Raised
Without Antibiotics,
\$11.00/KG

\$4.99 / LB

Grimm's Sausage Rings
300g

\$7.99 / EA





Imagine Organic Broth
1L

\$5.99



Go Bio! Organic Bouillon Cubes
54g & 66g

2 FOR \$7.00



Simply Organic Spices
4g - 133g

25% OFF



Pacific Foods Organic Soup
946ml & 1L

\$5.99



Farmer's Market Organic Pumpkin Purée
Also Organic Butternut Squash Purée, 398ml

2 FOR \$7.00



Gardein Meat Alternatives
Select Varieties,
Frozen, 190g - 390g

\$6.99



Safe Catch Wild Albacore Tuna
142g

\$5.99



Maison Orphée Dressings
250ml

\$4.49



Garofalo Pasta
500g

2 FOR \$7.00

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



Olympic Organic Yogurt
Select Varieties,
1.75kg

\$11.99



Dairyland Organic Milk
1.89L

\$5.99

plus deposit & eco fees



Elmhurst Milked Oats
Also Nuts,
946ml

\$7.99

plus deposit & eco fees



Tree Island Cream Top Yogurt
Select Varieties,
500g

\$4.99



Dairyland Cottage Cheese
600g & 750g

\$5.99



Dairyland Sour Cream
450ml & 500ml

\$3.69



L'Ancêtre Organic Cheese
Select Varieties,
200g

\$7.99



Organic Meadow Organic Ice Cream
946ml

\$9.99



Righteous Gelato & Sorbetto
473ml

\$7.49



DISCOVER

**THOUSANDS OF
CANADIAN
CHOICES**



100% BC OWNED



CHOICES.MARKET



**CHOICES
MARKET**



**Flow Naturally
Alkaline
Spring Water**
1L

2 FOR \$5.00

plus deposit & eco fees



**Ceres 100%
Fruit Juice
Blend**
1L

\$4.49

plus deposit & eco fees



**Cove Organic
Kombucha**
355ml

2 FOR \$5.00

plus deposit & eco fees



**49th Parallel
Whole Bean
Coffee**
340g

\$13.99



**We Love Van
Organic Honey**
500g

\$9.99



Stash Tea
Select Varieties,
18 - 20 Bags

2 FOR \$9.00



**Dairyland
Organic Half &
Half 10% Cream**
946ml

\$4.99



**Dairyland
Egg Nog**
946ml

\$3.69

plus deposit & eco fees



**Maple Hill Organic
Medium Eggs**
Grade A, Free Range, 12 Pack

\$6.99

NOURISHING LIFESTYLES SINCE 1990



**Humble Organic
Potato Chips**
135g

\$3.49



**Made Good
Organic
Granola Bars**
5 Pack

2 FOR \$8.00



Laiki Crackers
113g

\$3.99



**Prana
Organic Dried
Fruit & Seeds**
Select Varieties,
150g - 250g

30% OFF



**Smart Sweets
Low Sugar
Gummies**
45g & 50g

2 FOR \$8.00



**Zazubean
Organic
Chocolate Bars**
80g & 85g

\$4.69



**Yumearth
Organic
Fruit Pops**
248g

\$12.99



**Nature Clean
Laundry
Detergent**
Liquid, 3L

\$14.99



**Echoclean
Liquid
Dish Soap**
740ml

\$3.99



DELI PREPARED FRESH



Choices Quiche
Assorted Varieties,
8 Inch



\$13.99 / EA



Choices Baked Casserole Dishes
Ready to Eat,
Assorted Varieties,
650g



\$13.99 / EA



Nicli Artisan Pizza
12 Inch



\$15.99 / EA



Italian Sliced Prosciutto
Also Salami,
70g - 100g

\$8.99 / EA



Summer Fresh Dips & Hummus
227g

\$4.49 / EA



La Panzanella Crackers
170g

\$5.99 / EA



Zorbas Mini Phyllo Appetizers
300g



\$9.99 / EA



Alexis de Portneuf Brie Cheese
Also Camembert,
300g

\$10.99



Boursin Cheese
150g



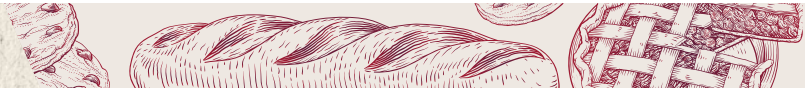
\$6.99 / EA



Redwood Cheddar Cheese
Smoked, Extra Mature, Whiskey Oak or Garlic & Herb

\$4.99 / 100G

BAKERY FRESH BAKED • WHOLESOME



Choices Baguettes
Select Varieties,
250g - 300g



\$2.99 / EA



Choices Easter Nest Cakes or Bunny Cakes
200g - 230g

\$8.99



Choices Scones
2 Pack



\$3.99 / EA



Choices Tomato & Olive Focaccia
Also Red Onion & Rosemary, 315g



\$4.49 / EA



Cloud Limoncello Cake
Also Chocolate, Coconut or Strawberry, 6 Inch



\$14.99 / EA



Rebel Cookies
12 Pack

\$8.99 / EA



Wendel's Apple Pie
Also Strawberry Rhubarb Pie,
8 Inch



\$10.99 / EA



Laughing Daughters Hot Cross Buns
6 Pack



\$8.99 / EA



DISCOVER THOUSANDS OF **CANADIAN CHOICES**

PLANT SALE* *SELECTIONS MAY VARY BY STORE



Organic Assorted Vegetable Plant
4 Inch Pot

\$3.99



Organic Strawberry Berries Galore Plant
4 Inch Pot

\$4.99



Organic Assorted Tomato Plant
4 Inch Pot

\$3.99



Gardener's Choice Organic Top Soil
Cinnabar Valley,
24 Litre Bag

2 FOR \$17.00



Organic Cucumber Sweet Success Plant
4 Inch Pot

\$3.99



Organic Assorted Herb Plant
4 Inch Pot

\$4.99



West Coast Seeds Assorted Varieties

10% OFF



West Coast Gardener Mushroom Manure

2 FOR \$13.00

WELLNESS REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Bio-K Plus Probiotics
Also Bio-K Extra, Dairy or Non Dairy, Assorted Varieties, 6 Pack

\$22.99



Vega Sport Protein
Assorted Varieties, 801g - 837g

\$44.99



Sisu Vitamins & Supplements
Assorted Varieties & Sizes

20% OFF



Natural Factors All Bonus Bottles
Assorted Varieties & Sizes

15% OFF



Ener-C Effervescent Vitamin C
Also Vitamin D Drink Mix, Assorted Varieties, 24 - 30 Pack

\$16.99



Nordic Naturals Fish Oil Supplements
Assorted Varieties & Sizes

20% OFF



Salus Vitamins & Supplements
Assorted Varieties & Sizes

25% OFF



Progressive VegeGreens & VegeEssential Proteins
Assorted Varieties & Sizes

20% OFF



New Roots Magnesium Bisglycinate
120 Caps

\$29.99

SEE IN-STORE FOR MORE MAGNESIUM DEALS!



Enzymedica Digestive Enzymes
Assorted Varieties & Sizes

20% OFF



Genestra Vitamins & Supplements
Select Varieties & Sizes

10% OFF



Desert Essence Oral, Facial & Body Care Products
Assorted Varieties & Sizes

25% OFF

Shop online at [ChoicesMarket](https://ChoicesMarket.com) | [@ChoicesMarket](https://www.instagram.com/ChoicesMarket) | [/DiscoverChoicesMarket](https://www.facebook.com/DiscoverChoicesMarket) | [@ChoicesMarket](https://twitter.com/ChoicesMarket)



PARKSVILLE, BC
319 Island Highway East, Parksville
Open 8:00am - 9:00pm Daily | Phone: 250-947-8000

Pure INTEGRATIVE PHARMACY
Phone: 250-947-8001
Pharmacy Hours: Monday - Friday 9 am - 6 pm
Saturday 9 am - 5 pm | Sunday 10 am - 4 pm

While quantities last. Not all items available at all stores. We reserve the right to correct printing errors. Product may not appear exactly as depicted. Buy One Get One Deals not available online.